

## Upcoming Sunday Programs (10:15 to 11:30 am)

*Pilgrim House is open for both in person and Zoom attendance. Our updated COVID attendance policy is below.*

### March 5 – Your Best Photo

This is Pilgrim House's semi-regular program profiling members' photographs and their accompanying stories. "Best" photo does not necessarily mean the most artistic photograph. Each member has about five minutes to talk about how and why they chose the photographs they did. We have had historic photos, nature photos, landscapes and old machines. Photos are still needed. Contact Mina Adsit if you are interested in participating. You can send your photos to the same email.



### March 12 – Portraits of Peace: Searching for Hope in a Divided America

Our speaker will be John Noltner, an American photographer and peace activist. Noltner is perhaps best known for a multimedia art project known as *A Peace of My Mind*. The project combines photographs of diverse people and their commentaries on the meaning of peace.

[https://en.wikipedia.org/wiki/John\\_Noltner](https://en.wikipedia.org/wiki/John_Noltner)

### March 19 – The State of Minorities within Our State with Dr. Bruce Corrie

Dr. Bruce Corrie is a leading Twin Cities-based economist, business expert, cultural entrepreneur, and a member of the Concordia University, with specific focus on minority businesses and the growing impact minority communities have on the broader economy, Dr. Corrie brings unique perspective and insight relating to the Minnesota business landscape. He was the author of one of the redistricting plans that were considered by the court after the 2020 census. It was not selected, but because of it, the courts did add racial population within a district as a variable to be considered.



### March 26 – Essentially: That Which is Most Important – Richard Terrill and Larry McDonough

In his new book of essays, *Essentially*, Richard Terrill tries to identify that which is most important—in pursuit of the arts, in being in nature, in recalling the past. In this service of music and readings, saxophonist/essayist Terrill and composer/pianist Larry McDonough will offer examples of what they feel is essential in their practice of writing, composing, and jazz performance.

Larry McDonough is a St. Paul jazz pianist, singer and composer. He has performed solo for UU congregations in Philadelphia, Phoenix, and Paris. <http://www.larrymcdonoughjazz.homestead.com>

Essayist, poet, and jazz saxophonist Richard Terrill's most recent books are *Essentially: Essays* and *What Falls Away Is Always: Poems and Conversations*, both from Holy Cow! Press. He is a past winner of a Minnesota Book Award and is Professor Emeritus at Minnesota State, Mankato, where he was a Distinguished Faculty Scholar. <http://www.richardterrell.com>.

## CALENDAR

**Thursday, March 2, 7:00pm – Great Decisions via zoom – What is a war crime? How does this definition apply to recent events in Ukraine?** All are welcome. Contact Al Potter. See article below.

**Saturday, March 4, 5:30pm – MSUS hosts Potluck and Coffee House, 5:30 potluck, 6:30 hybrid Coffee House at Pilgrim House.** All are welcome. Contact Laura Smidzik.

**Sunday, March 5, 12:30pm – MSUS Moms Group and their kids in two downstairs rooms.** Contact Laura Smitzik (for Diana McLean).

**Saturday, March 11, 1:00pm – MSUS class in the fellowship hall.** Contact Rev. Diana K. McLean.

**Monday, March 13, 7:00pm – Pilgrim House board meeting via Zoom.** Everyone is welcome. Contact Les Rogers.

**Thursday, March 16, 11:00am – MSUS hosts Third Thursday 60+ Gathering, discussion and potluck at Pilgrim House.** All are welcome. Contact Laura Smidzik.

**Sunday, March 19 – Newsletter information is due.** Contact Fred Green.

**Wednesday, March 22, 1:30pm – Novel exchange book club meets.** Contact Sharon Borg.

**Thursday, March 23, 2:00pm – Book Club meets.** The book is *The Art of Hearing Heartbeats* by Jan-Phillipp Sendker. Contact Cynthia LeBlanc.

## MISSION, VISION AND VALUES PROCESS

At our February board meeting Phil Lund explained his approach to the *Mission, Vision and Values* process. Phil Lund is our UUA MidAmerica Congregational Life Consultant.

After listening to Phil, the board decided to move forward on this process.

A brief outline is below:

### Step 1.

*A 4-hr workshop facilitated by Phil Lund: Mission, Vision and Values for Small Congregations.*

*Purpose: Buy-in and training.*

*Attended by the PH leadership and members who would be willing to either facilitate or take notes in the Listening Circles.*

### Step 2.

## Pilgrim House UU Fellowship

We seek to carry out the principles of the Unitarian Universalist Association of churches and fellowships, with which we are affiliated. These principles affirm the worth of everyone, freedom and the right of conscience in search of truth, encouragement of one another's spiritual growth, and the wonder and mystery of the web of all life. Membership in Pilgrim House is open to everyone who is in sympathy with our purposes and principles and wants to join.

**Phone:** 651-631-2582 (leave a message)

**Email:** [pilgrimhouse@pilgrimhouseuua.org](mailto:pilgrimhouse@pilgrimhouseuua.org)

**Internet:** <http://www.pilgrimhouseuua.org>

**Board Chair:** Les Rogers

## The Land Acknowledgment

*Pilgrim House acknowledges that we gather on the ancestral land(s) of the Dakota People. We honor with gratitude the land itself and the people who have been stewards throughout the generations, including the Ojibwe.*

## Pilgrim's Progress (Pilgrim House Newsletter)

If you have any items for the newsletter, please contact Fred Green

[newslettereditor@pilgrimhouseuua.org](mailto:newslettereditor@pilgrimhouseuua.org)

## Listening Circles

*Purpose: Involve the entire congregation through Listening Circles – small groups of around six to eight people.*

*Get people involved, connected, sharing, and excited about why the future of Pilgrim House matters to them.*

### Step 3

*Condense the input from the Listening Circles into the value, vision and mission statements.*

*These statements will be our internal guide at PH, and be what we share publicly to let people know who we are.*

You will be hearing more details about this process in March. It will be important for everyone's voice to be heard so that it reflects your values, vision and mission for Pilgrim House.

If you are interested in participating in Step 1 of this process, the workshop, contact Les Rogers, Board Chair.

## PILGRIM HOUSE WEBSITE UPDATE

The website update work group is recommending that PH move forward with efforts to revamp its public-facing site. Website design resources available through the Unitarian Universalist Association and our own members' knowledge make updating feasible. Next steps are to decide on the website's organization and content.

A small group of people is needed to help determine how the website should look to best present PH to the public, as well as ensure the website provides needed information to current members. Please contact Stephanie Lica or Marcie Jefferys, co-chairs of the Website Content work group, if you are interested or need more information.

## SOCIAL ACTION

### Alexandra House Hope Gala Fundraiser

Tickets are now on sale.

<https://www.alexandrahouse.org/event/hope-gala/>

See article below. Pilgrim House members have participated in past years.

### Ralph Reeder Food Shelf

*March is Minnesota FoodShare Month*

Skyrocketing food prices and fading COVID-related federal family supports are combining to turbocharge demand at food shelves in the state, advocates say.

Food shelf visits rose by nearly 2 million — 53.5 percent — last year in Minnesota compared to 2021, according to officials at Hunger Solutions, a nonprofit that supports food aid efforts in the state.

Donate money or food on Soup Sunday. Remember those less fortunate. See

<https://www.moundviewschools.org/foodshelf> for more information or to donate online.

### Community Support Center (CSC)

Community Support Center volunteers needed:

Start the new year by volunteering as a listener. It's easy – Listen (on Zoom) to the interaction between the participant and the director (Karen Meyer).

Learn how the CSC encourages and supports the participant with long term goals and prevents eviction.

No experience necessary except a listening ear.

How to get started: Sign up to receive notifications when a new participant intake is scheduled. If the time and date work for you, reply to the email

More questions:

Talk to Judy Bloom Martinez or

Karen Meyer, Director of Community Support Center (651) 387-8050

<https://communitysupportcenter.org/>

### *Save the Date:*

Community members are invited to a luncheon at Messiah Lutheran Church on April 20 to hear about how the Community Support Center (CSC) prevents homelessness in our community and partners with the people we help gain financial stability. Attendees will be invited to make a gift to the CSC to support its work.

If you are unable to attend the luncheon and would like to support the CSC, you can mail it to:

Community Support Center

1600 Silver Lake Road NW

New Brighton, MN 55112

### Cookie Cart

Check out the cookie choices, as well as special packaging for your cookies at <https://cookiecart.org/>.



## SUPPORTING ALEXANDRA HOUSE WITH PICK YOUR DREAM VACATION RAFFLE

Pilgrim House supports and partners with Alexandra House on the services they provide to women, men, youth, and families facing domestic, sexual, and relationship violence.

**Alexandra House's winter fundraising event, Hope Gala, includes a *Pick Your Dream Vacation* raffle with outstanding travel destinations to Cancun, Las Vegas, New York City, and Kennedy Space Center. **Order your \$10 raffle tickets by postal mail from this flyer:** [www.alexandrahouse.org/wp-content/uploads/2022/11/2023-Hope-Gala-Raffle-Details.pdf](http://www.alexandrahouse.org/wp-content/uploads/2022/11/2023-Hope-Gala-Raffle-Details.pdf) -- or you can pick up a flyer at Pilgrim House.**

**There's also a festive *Hope Gala* event on March 25. with a Roaring 20s theme. The venue is Leopold's Mississippi Gardens on the river in Brooklyn Park. Event and ticket info here:** <http://www.alexandrahouse.org/get-involved/events/hope-gala/>

**All services of Alexandra House are free-of-charge** and include 24-hour emergency shelter, legal advocacy, support groups, housing and supportive services, youth intervention and prevention services,

elder abuse services, community education and professional training, and more. **Your support of the Hope Gala event and raffle tickets ensure these ongoing critical services to our communities.**

## GREAT DECISIONS AT PILGRIM HOUSE

**March 2, 7:00pm, via zoom – What is a war crime? How does this definition apply to recent events in Ukraine?**

Russia's invasion of Ukraine has resulted in widespread charges of war crimes and calls for justice. But what exactly are war crimes? Opinions of what constitutes a war crime have evolved, as have ways to identify and punish the perpetrators. How will the war crimes committed in Ukraine be dealt with?

Our speaker will be Christi Siver, a Professor of Political Science at the College of Saint Benedict and Saint John's University. She did her undergraduate work at Lewis and Clark College in Portland, OR, her Masters in International Relations and International Economics at Johns Hopkins School of Advanced International Studies, and her Ph.D. in political science at the University of Washington. She teaches courses on international relations and international security. Her current research interests include international humanitarian law, military technology, and comparative law.

## SUNDAY HOSPITALITY – CELEBRATING WITH RAY AND RUTH

Ruth ordered up this beautiful birthday cake to share with Pilgrim House friends in January to celebrate Ray's milestone birthday. if you'd like to celebrate a special event or offer up a special treat during the hospitality time that follows our Sunday program, just let us know. we will be delighted to assist.



*Kathy Aanerud/Nancy Olson*  
co-chairs, Sunday Hospitality.

## RECIPE FOR LIFE

Ruth Kreps shared this reading with us at our January 29 program, much to the delight of those in attendance. Shared here for all to enjoy again – or for first-time enjoyment.

*Take 12 months, scrub well till crystal clear,  
remove bitterness, stinginess, pedantry and fear.*

*Divide each month into 30 parts or 31  
supply should last all year, when done.*

*Each day is then divided by the consumer  
into equal parts of work, play, cheerfulness and  
humor.*

*Add five heaping tablespoons of optimism firmly  
packed,*

*one cup tolerance, sincerity, and lots of tact.*

*Now the mixture should be basted with abundant  
love,*

*sunshine will enhance this recipe from above.*

*It's recommended to adorn the now completed meal  
with thoughtfulness and just a bit of zeal.*

*Serve it daily with joyfulness and glee*

*Accompanied by a good refreshing cup of tea.*

*Do not add to the mixture gloom or depression*

*Also ban from the recipe anger and aggression.*

*Adhere to the recipe faithfully every day*

*And your life will be enriched in a most delightful  
way.*

*Catherine Goethe, mother of Johann Wolfgang von  
Goethe, who lived 1731-1808 wrote these thoughts  
in prose. Translated in rhyme with a couple of  
additional thoughts by Ruth.*

## NATIVE AMERICAN: BEYOND LAND ACKNOWLEDGMENT

We thank Judy Bloom-Martinez and Dianne Wolf for their work with Pilgrim House Board members to develop a Land Acknowledgment that now hangs in our meeting room. For next steps, Pilgrim House is committed to having ongoing programs and activities that demonstrate our commitment to supporting Indigenous people. For those who would like to know more about the Land Acknowledgment process and perhaps gather ideas for continuing the work that Pilgrim House has started with our programs, events, readings, discussions, and partnerships, check out this Roseville Community Education class:

Class provided by Roseville Community Education (ISD 623)

Date: March 6, 2023, Time: 6:30 – 7:30pm

Cost \$19.00

This is an Online class. Access the Roseville Community Education online catalog at



<https://isd623.ce.eleyo.com/> or call (651) 604-3500 to register.

Class Presenter/Facilitator: Native Governance Center

Class contents:

The practice of Indigenous land acknowledgment is growing in popularity. You may have seen a land acknowledgment delivered at a conference, concert, or public gathering. In Beyond Land Acknowledgment, staff from Native Governance Center will explain what land acknowledgment is and why it's important to go beyond a simple statement.

They'll walk you through the action planning approach, equipping you with tools you can use to make an impact either individually or in your workplace setting. Expect an interactive and engaging presentation filled with real-life examples. Attendees will be asked to participate in live polling through Mentimeter and a Q&A session. By the end of this session, you'll understand:

- \* What Indigenous land acknowledgment is and why it can be problematic as a standalone practice
- \* Why it's important to go beyond land acknowledgment
- \* How to create an action plan that's impactful, straightforward, and demonstrates your commitment to supporting Indigenous people
- \* Where to go for more information on the topic

The event is geared toward beginners and open to all: come with your questions!

Attendees will participate in breakout sessions and a live Q&A with the presenters.

## GIBBS FARM DAKOTA TRAIL JULY 15<sup>TH</sup>

### Save the Date

Restricted to 25 people.

Not as intense as Jim Bear Jacobs, but another view, even closer to home.

We will have a signup sheet soon.

### The Gibbs Farm Dakota Tour:

This tour focuses on the life ways of the Dakota, Minnesota's first people, in the early nineteenth century. It includes an introduction to Cloud Man and his village, the travois and gardens, maple sugar camp, summer bark lodge, wild rice camp, and tipi. Some Dakota language is incorporated as well.

A note on the Dakota Tour curriculum: This historical curriculum was created with significant



input from descendants of Maḥpiya Wičhášṭa (Cloud Man) as well as other Dakota culture bearers and it is with utmost appreciation that Gibbs Farm staff are able to share this important history. Gibbs Farm management is dedicated to consistently reviewing and revising, if necessary, this curriculum with advice and guidance from Dakota partners and Dakota partner organizations. We pledge to use this history in our educational programs to help all our communities to be more informed, more engaged, and more aware of the impact of Dakota culture in history, in the present, and in the future.

## COMING UP IN JUNE --

### IT'S GENERAL ASSEMBLY TIME FOR UUS

General Assembly is the annual gathering of Unitarian Universalists from across the country. Attend virtually – or at the convention center in Pittsburgh, Pennsylvania. You'll engage in workshops, enjoy wonderful music, be inspired by keynote speakers and discussions, and participate in business meetings that make decisions affecting the Unitarian Universalist Association (UUA).

This year one of those business items will include reviewing changes to Article II of the UUA bylaws which currently contains our Principles, Sources, and Purposes.

The event is open to all – but note that Pilgrim House will reimburse the registration fees for our two voting delegates. Read more about General Assembly here: <http://www.uua.org/ga>.

For questions related to Pilgrim House attendance, contact Mel or Kathy Aanerud / Membership Committee

New Information!: The Ware Lecture will be presented by Imani Perry – an American interdisciplinary scholar of race, law, literature, and African-American culture. She's the author of seven books, most recently *South to America: A Journey Below the Mason-Dixon Line to Understand the Soul of a Nation* which received the 2022 National Book Award for Nonfiction. At Pilgrim House, we did a group read of Imani Perry's book, *Breathe: A Letter to my Sons*

## MICHAEL SERVETUS EVENTS AT PILGRIM HOUSE

We are invited to attend these events:



**March 2023 Events at PH****MSUS Delphi Jazz Concert, Saturday February 25**

Delphi Jazz is pleased invite Pilgrim House to their annual concert. This beloved group plays music from Broadway, classic jazz, and sometimes folk as well. This is an alcohol-free event and treats will be served following the performance. There will be a freewill offering for Michael Servetus Unitarian Society.

**Potluck and Coffee House****Saturday, March 4, 5:30 pm Dinner, 6:30 pm Coffee House (Hybrid), Pilgrim House**

People of all ages and talent levels are welcome to perform at the monthly MSUS coffee house. If you'd like to perform contact Chad at [chadasnyder@gmail.com](mailto:chadasnyder@gmail.com). The potluck will run from 5:00-6:00 pm and the coffee house starts at 6:30 pm and is hybrid. People can perform in person or online.

**Third Thursday 60+ Gathering****Thursday, March 16, 11:00 am-1:00 pm, Pilgrim House**

Join us for an hour of facilitated conversation followed by a potluck. We had 12 people attend in November! It is a great way to connect and share a good meal.

**TEXT OF THE FEBRUARY 12 PROGRAM: LIVING IN RIDDLE AND MYSTERY**

Text of Rev. Leslie Mills excellent February 12 Program is available at <https://docs.google.com/document/d/16SCWAZxVTm2D6w6jUDrF6vjpV1ordB6lbpUr4dH2gk/edit>

**ARTICLE II UPDATE – REPORT RELEASED****Principles and Sources of UUA**

Back in November, several Pilgrim House members participated in a Zoom session with the Article II Study Commission to review and provide input to a draft of new language to replace the purpose, principles, and sources contained in Article II of the Unitarian Universalist Association (UUA) bylaws. This feedback session was one of many activities that the Study Commission undertook to produce their recently released report

**You can read the "Article II Study Report 2021-23**

**here:** [www.uua.org/files/2023-01/a2sc\\_rpt\\_01172023.pdf](http://www.uua.org/files/2023-01/a2sc_rpt_01172023.pdf)

**Next steps** will be sessions where amendments can be proposed by congregations and groups. Then the proposal and amendments will be considered at General Assembly in June where a majority vote is required to continue consideration at General Assembly 2024.

**CURRENT PILGRIM HOUSE COVID POLICY**

**Vaccines:** We are still asking attendees to be vaccinated, however there will be an exception for children too young to be vaccinated.

**Masks:** Masks are optional in the entire building.

**Program Room:** Social Distancing is encouraged. We will continue to run air purifiers.

Beverages are allowed.

**Fellowship Room and nursery:** There is no expectation of social distancing.

We will continue to run air purifiers.

Food and beverages will be provided by Hospitality.

**NEW MEMBERS ARE WELCOME HERE!**

We enjoy the visitors and friends who join us for Sunday programs. If you're interested in taking the next step of becoming a member of Pilgrim House, we'd would enjoy talking with you and sharing a short, live Power Point introduction – in person or via Zoom.

*Kathy & Mel Aanerud*

Membership Committee

[membership@pilgrimhouseuua.org](mailto:membership@pilgrimhouseuua.org)

