

Upcoming Sunday Programs (10:15 to 11:30 am)

Pilgrim House is open for both in person and Zoom attendance. Our updated COVID attendance policy is below.

November 6 - Beacon Interfaith Housing Collaborative Housing Issues

Justin Lewandowski, congregational and community organizer with Beacon Interfaith Housing Collaborative, will join us in a conversation on housing insecurity in the greater metro area, Beacon's approach, and specific campaigns

Beacon is leading that address aspects of the housing crisis. He will also be discussing Beacon's newest development, Gladstone Crossing, that would be located Maplewood & provide about 40 supportive homes to young families experiencing homelessness in Ramsey County.

<https://www.beaconinterfaith.org/blog/housing/create-homes/overview-gladstone-crossing/>



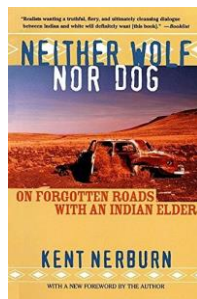
November 13 - What are we?

Rev. Leslie Mills returns - Technically Unitarian Universalism is not a "denomination", but rather an association of congregations. Since the merger of the American Unitarian Association and Universalist Church of America in 1961, we have been trying to answer this question. What are we? Together we'll explore questions of belief, values and covenant.

November 20 – Our Traditional Thanksgiving Program with a bit of a Twist

We want to know what you are thankful for. Our PH Thanksgiving program is a not-to-be-missed time of celebration and community, bringing together Pilgrim House members and friends with special music, a performance by the Pilgrim House Chamber Singers, seasonal readings and poetry ... and more. If

you or younger members of your family have a musical selection you'd like to share, please contact Bill Rohde by Sunday November 13. Similarly, if you have a reading or just your tale you'd like to share, please contact Mel Aanerud. After the program, we will serve ham, scalloped potatoes and pecan pie; please bring a side dish or dessert to round out the meal.



November 27 – Neither Wolf nor Dog

Kent Nerburn is the author of *Neither Wolf nor Dog* which was made into a movie. One white man and one Dakota locked in their own understanding, yet struggling to find a common voice. It was the winner of the 1996 Minnesota Book Award. He is also author of our common read *The Wolf at Twilight*. He rescheduled and specifically wanted this date - close to Thanksgiving, to talk about Indigenous people in our (their) country.

December 4 - AARP Minnesota helps present - Protect Yourself from Fraud and Identity Theft
Marty Fleischhacker · Senior Financial Fraud Ombudsman at Minnesota Department of Commerce.

CALENDAR

Thursday, November 3, 2:00pm - Book Club meets at Pilgrim House. The book is "Hudson Bay Bound: Two Women, One Dog, Two Thousand Miles to the Arctic" by Natalie Warren. Contact Cynthia LeBlanc.

Thursday, November 3, 7:00pm - Great Decisions - Changing demographics in the world at Pilgrim House and via Zoom. All are welcome. Contact Al Potter. See article below.

Saturday, November 5, 5:30pm - MSUS hosts Potluck and Coffee House, 5:30 potluck, 6:30 hybrid Coffee House at Pilgrim House. All are welcome. Contact Laura Smidzik. See article below.

Sunday, November 6, 11:30am - Soup Sunday resumes. Bring donations for the food Shelf. All are Welcome. Contact Kathy Aanerud. See article below.

Saturday, November 12, 10:00am - First PH Chamber Singers Thanksgiving practice at Bill and Judy Rohde's (location subject to change if any of our singers are challenged by stairs). All singers, high school through adult, are welcome to join in the singing fun. No tryouts, no pressure, just a good time gathering and singing together as we begin preparations for the 11/18 Pilgrim House Thanksgiving Program.

Saturday, November 12, 10:00am - MSUS Workshop: How do you approach and process change? What does resilience look like? All are welcome. Contact Laura Smidzik. See article below.

Sunday, November 13, 12:30pm – MSUS Feedback Session on the Proposed NEW Language for the UUA Purposes, Values and Covenant, Inspirations, and Inclusion, and Freedom of Belief at Pilgrim House. All are welcome. Contact Laura Smidzik. See article below.

Sunday, November 13, 4:00pm - Connections Committee's common read book discussion, *The Wolf at Twilight* by Kent Nerburn. To be determined is in-person or via Zoom. All are welcome. Contact Marcie Jefferys/Kathy Aanerud. See article below.

Monday, November 14, 7:00pm - Pilgrim House board meeting via Zoom. Everyone is welcome. Contact Les Rogers.

Tuesday, November 15 - 2:00pm - Zoom coffee hour. All are welcome. Contact Nancy Olson.

Saturday, November 19, 10:00am - Second PH Chamber Singers Thanksgiving practice at Bill and Judy Rohde's (location subject to change).

Pilgrim House UU Fellowship

We seek to carry out the principles of the Unitarian Universalist Association of churches and fellowships, with which we are affiliated. These principles affirm the worth of everyone, freedom and the right of conscience in search of truth, encouragement of one another's spiritual growth, and the wonder and mystery of the web of all life. Membership in Pilgrim House is open to everyone who is in sympathy with our purposes and principles and wants to join.

Phone: 651-631-2582 (leave a message)

Email: pilgrimhouse@pilgrimhouseuua.org

Internet: <http://www.pilgrimhouseuua.org>

Board Chair: Les Rogers

The Land Acknowledgement

Pilgrim House acknowledges that we gather on the ancestral land(s) of the Dakota People. We honor with gratitude the land itself and the people who have been stewards throughout the generations, including the Ojibwe.

Pilgrim's Progress (Pilgrim House Newsletter)

If you have any items for the newsletter, please contact Fred Green

newslettereditor@pilgrimhouseuua.org

Saturday, November 19, 4:30pm - Doug Wood book launch at Pilgrim House. All are welcome. Contact Mel Aanerud. See article below.

Sunday, November 20 - Newsletter information is due. Contact Fred Green.

Wednesday, November 23, 1:30pm - Novel exchange book club meets. Contact Sharon Borg.

Wednesday, November 30, 11:00am – Craft Lunch at PH. All are welcome. Contact Bobbi Freeman. See article below.

SOUP SUNDAY RESUMES ON SUNDAY NOVEMBER 6!

Many of you have said that you're ready to start up our Soup Sundays -- so our Sunday Hospitality Committee is making the arrangements. How it works -- Three volunteers will sign-up



to bring a kettle or crockpot of soup on the first Sunday of each month, at least one of which will be vegetarian, and one person will sign up for bread. Soup kettles are available in the Pilgrim House kitchen for your take-home use. We will increase our way back to four soups as Sunday in-person attendance increases.

We're looking forward to this popular social time that follows our first Sunday programs. If you're ready to be a soup or bread provider, sign up at Pilgrim House (soups are covered for November). You can view sign-ups in the Member section of our website. We're seeking a volunteer to oversee the sign-ups and make reminder calls. In the meantime, Kathy Aanerud will be the contact person for this activity.

Kathy Aanerud for
Sunday Hospitality Committee

THE THANKSGIVING DAY POTLUCK RETURNS!

If you would like to join a small group for fun, food, and conversation on Thanksgiving Day at Pilgrim House, please contact Katrina Edenfeld. Thank you!

CRAFT LUNCH

If you have a favorite craft, art or creative activity, join us for lunch and projects at 11:00 the last Wednesday of each month.

This month bring your lunch and current project to PH at 11:00 on November 30. Or drop in to chat, lunch and find a new or rediscover a former creative activity.

Hope to see you and your creative project.

OUR COMMON READ -- AND BOOK DISCUSSION

The Wolf at Twilight: An Indian Elder's Journey Through a Land of Ghosts and Shadows

You've been hearing about this book at Pilgrim House and seeing it announced in our newsletter -- and now the book discussion date will soon be upon us. Join the Connections Committee on Sunday afternoon, November 13, 4:00 pm, at Pilgrim House for a discussion of this book by Kent Nerburn. There will be a light supper served. For those unable to attend, we will provide a Zoom link for a low-tech laptop participation experience.

We have five copies of this book in rotation at Pilgrim House (but some are rotating back very slowly). As an alternative, the book is likely offered

by your local libraries. This title follows Kent Nerburn's book, *Neither Wolf Nor Dog*, for which he earned the Minnesota Book Award. However, you don't have to read the books in sequence to appreciate this story of reservation boarding schools, isolated Native homesteads in the Dakota hills, and the ghosts that have haunted the main character since childhood. And, very importantly, our Sunday morning speaker on November 27 will be author Kent Nerburn!

Kathy Aanerud and Marcie Jefferys
Connections Committee

SOCIAL ACTION

Ralph Reeder Food Shelf

Donate on Soup Sunday. Remember those less fortunate during the holidays.

HopeFest for Alexandra House

Pilgrim House was a sponsor of HopeFest. Some of us attended and went on the one mile walk along the Rum River in downtown Anoka. HopeFest had over 400 attendees and raised over \$51,000.

Coat Drive

Coats collected at Pilgrim House and other locations were transported and distributed with the help of PH volunteers. Unfortunately, there were not enough coats for everyone in need.

UU the Vote

PH members filled out postcards supplied by MUUSJA after our Sunday program.

Cookie Cart

Check out the cookie choices, as well as special packaging for your cookies at <https://cookiecart.org/>.

VIRTUAL COFFEE HOUR

Drop in for our coffee hour on November 15 at 2:00 pm. Share your stories and concerns. One topic of discussion will be recommendations of local shops to support for the upcoming holiday season (yes, it will be here before you know it!). We will avoid discussing recent politics unless all participants would like to air their opinions. Otherwise share good books, movies, family fun and upcoming travels across our virtual kitchen table.

GREAT DECISIONS AT PILGRIM HOUSE

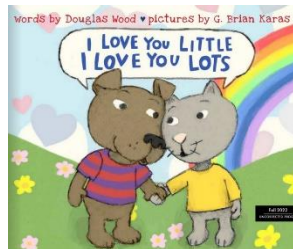
November 3 - Changing demographics in the world

How will demographics impact a variety of topics ranging from development to sustainability? The world experienced remarkable demographic changes

in the 20th century that continue today and have resulted in far-reaching social, economic, political, and environmental consequences all over the globe. These consequences are creating mounting challenges to development efforts, security, the environment, as well as the sustainability of human populations.

Our speaker will be Rick Olson, a retired professional with a variety of educational and life experiences. He has worked as an economist, an attorney, a certified financial planner, an agricultural loan officer, an agricultural cooperative president, a State Representative in Michigan and a school business manager. He obtained a law degree from Stanford Law School and completed the coursework in two Ph.D. programs (Agricultural Economics and Education Administration). He is the founder/President of a non-profit organization (Best Future Center) that supports a private school in the Nakivale Refugee Settlement in Uganda.

BOOK READING/SIGNING EVENT WITH DOUG WOOD



Doug Wood is a longtime friend of Pilgrim House. He has a new children's book "*I Love You Little I Love You Lots*". When he was last at Pilgrim House, we suggested that he might have a reading and book launch at Pilgrim House. He is doing the reading here on November 19th at 4:30 pm. He will even play a bit of music for us. We will need volunteers to make this a successful event.

TWIN CITIES EATTS* -- A FUNDRAISER FOR AMERICAN INDIAN COLLEGE FUND

Pilgrim House is organizing participation in this fundraising event that features nationally recognized Native American chefs preparing indigenous dishes with modern takes. The evening celebrates America's original cuisine and the revitalization of Native American food. We will help organize ridesharing from Pilgrim House -- and



participants must order their own tickets at the website below.

Event flyers and a rideshare sign-up are at Pilgrim House; or you can indicate your interest in an email to pilgrimhouse@pilgrimhouseuua.org, and Ellen Shelton will get back to you. We recognize that the \$85 ticket price will be a barrier for some; and perhaps in a future year we could organize fundraising to subsidize the ticket price for increased participation in a festive, fun event that provides a social (and culinary) outing while also supporting an Indigenous-led organization and cause.

Order your tickets online:

www.CollegeFund.org/MNEATSS

*Epicurean Awards to Support Scholars

MICHAEL SERVETUS EVENTS AT PILGRIM HOUSE

We are invited to attend these events:

Potluck & Coffee House at Pilgrim House Sat evening, Nov 5

The folks at Michael Servetus Unitarian Society (MSUS) are hosting their first *in-person* coffee house at Pilgrim House in combination with a potluck -- and we're invited to join them! MSUS held virtual coffee houses during the pandemic, and they're ready to offer this in-person experience. Potluck starts at 5:30, followed by a hybrid coffee house event at 6:30. Let's show up for a fun evening.

Anyone can perform at the coffee house, no matter the level of talent. The folks at MSUS say it's all about sharing and fun. If you'd like to perform at the coffee house, in-person or online, the contact person at MSUS is Chad Snyder. Be sure to sign-up with Chad so he can plan the evening. To attend or participate virtually in the coffee house, go to the MSUS website, www.msuu, and click on "Our Zoom Room."

How Do You Approach and Process Change: A Training by MSUS' Leadership Development Team, Saturday, Nov 12, 10:00 am-12:00 noon

This workshop will explore moving from and recognizing reactive emotions to stepping through thoughtful responses in order to adapt to change builds resilience. Steps to help this process will be explored through individual and small group exercises. Starting with initial reactions to change, how change is all around us and is a natural part of life and the earth, and comprises both good and bad change, both sought and surprise change.

The workshop is led by Pamela Brustman, MSUS member and professional trainer.

Feedback Session on the Proposed NEW Language for the UUA Purposes, Values and Covenant, Inspirations, and Inclusion, and Freedom of Belief, Sunday, Nov. 13, 12:30 pm Info Session Followed by Online Feedback Session, Pilgrim House

The UUA Article II Study Commission is hosting feedback sessions in November on a full draft of new language to replace the UUA's Purpose, Principles, Sources, etc. This is big stuff! Kathy Burek from MSUS is a UUA Board Member and a liaison to the Article II Study Commission. She will be with us as we join people online and have time for conversation prior. Bring your own lunch if you'd like. Learn more at the Study Commission's website:

<http://www.uua.org/uuagovernance/committees/article-ii-study-commission/blog/draft-feedback>

"Parents As Spiritual Guides", Online, Tuesday evenings from 7:00-9:00 pm, on November 15, 22, and 29, and December 6, 13, and 20

Rev. Diana, MSUS' Director of Family Ministry, will be leading a six-session online course for parents (or anyone actively raising children). This is a curriculum from the UUA and helps parents/guardians/grandparents to nurture their children's spiritual lives beyond involvement at church. This class is open to parents from MSUS, the UU Fellowship of Northfield, and Pilgrim House. Please email Rev. Diana at dfm@msuu.org with questions or to sign up.

Third Thursday for those 60+, Nov. 17, 11:00 am-12:00 pm, Pilgrim House

We had our first Third Thursday at Pilgrim House in October. Kathy. If you are interested in a group for older adults, feel free to come to Third Thursdays. We gather once a month on the third Thursday of the month. The first hour is facilitated conversation and the second hour is a potluck meal. Please let [Rev. Laura](#) know if you would like to attend. The location will be announced in the MSUS Thursday Update email.



Calvary Baptist Church 2608 Blaisdell Avenue
Minneapolis, MN 55408

You must register to come in person or to participate via Zoom.

Go to www.eventbrite.com/e/the-land-is-not-empty-dismantling-the-doctrine-of-discovery-tickets-429491369247 for more information and to register.

CURRENT PILGRIM HOUSE COVID POLICY

Vaccines: We are still asking attendees to be vaccinated, however there will be an exception for children too young to be vaccinated.

Masks: Masks are optional in the entire building.

Program Room: Social Distancing is encouraged.

We will continue to run air purifiers.

Beverages are allowed.

Fellowship Room and nursery: There is no expectation of social distancing.

We will continue to run air purifiers.

Food and beverages will be provided by Hospitality.

NEW MEMBERS ARE WELCOME HERE!



We enjoy the visitors and friends who join us for Sunday programs. If you're interested in taking the next step of becoming a member of Pilgrim House, we'd would enjoy talking with you and sharing a short, live Power Point introduction – in person or via Zoom.

Kathy & Mel Aanerud

Membership Committee

membership@pilgrimhouseuua.org