

Upcoming Sunday Programs (10:15 to 11:30 am)

Pilgrim House is open for both in person and Zoom attendance. Our updated COVID attendance policy is below.



October 2 - Where do we come from?

This overview of Unitarian and Universalist history will cover the evolution of ideologies in these two denominations. Rev. Leslie Mills is a third generation Unitarian Universalist. She was dedicated as a child at First Unitarian Society in Milwaukee, and went through Coming of Age at Unitarian Church North in Mequon, Wisconsin. After college, she joined the Unitarian Universalist Church of Rockford, Illinois, where she felt called to ministry. After exploring the 12 UU churches in the Twin Cities during seminary, she was called to serve the Unitarian Universalist Church of Elgin, Illinois, where she was ordained in 2016.

October 9 - Gun Control in Minnesota

Senator John Marty will present. In Minnesota, a person may not carry a pistol in a public place unless they are in possession of a "permit to carry". Exceptions to the permit requirement include law enforcement officers and other defined instances (Minnesota Statutes, section 624.714). What ought to be and what can a UUA congregation do.

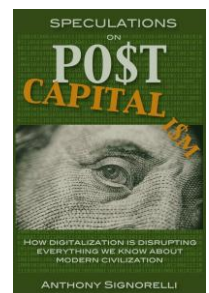


October 16 - Reckoning with Opioids in the Land of 10,000 Rehabs

Dr. Amy Sullivan teaches courses related to women, children, drugs/addiction and the history of medicine. Her book, *Opioid Reckoning: Love, Loss and Redemption in the Rehab State* (University of Minnesota Press, 2021) centers the voices and experiences of family members, physicians, social workers, treatment specialists, and harm reduction advocates to examine how Minnesota, the state that invented "rehab," dealt with the challenges and deaths related to the opioid epidemic.

October 23 - Post Capital

Anthony Signorelli has been to Pilgrim House before with his book "Call to Liberty" and is back with "Post Capital" - What will the world be like when everything is digital, robotic, or automatic? He talks on the digital disruption of capitalism, what it means for the economy and technology, and the implications for society as a whole.



October 30 - Doug Ohman - Minnesota from the Road - edition number 6

CALENDAR

Saturday, October 1, 5:30pm – MSUS Potluck and Coffee House, 5:30 potluck, 6:30 hybrid Coffee House at Pilgrim House. All are welcome. Contact Rev. Laura Smidzik. See articles below.

Thursday, October 6, 7:00pm - Great Decisions via Zoom: Foreign Policy, economic power, and U.S. Industrial policy. All are welcome. Contact Al Potter. See article below.

Monday, October 10, 7:00pm - Pilgrim House board meeting via Zoom. Everyone is welcome. Contact Les Rogers.

Tuesday, October 18, 2:00pm - Zoom coffee hour. All are welcome. Contact Nancy Olson.

Thursday, October 20, 11:00am – MSUS Third Thursday 60+ Gathering at Pilgrim House. All are welcome. Contact Rev. Laura Smidzik. See articles below.

Saturday, October 22, 3:00pm - Blessing of the Animals with MSUS at Pilgrim House. All are welcome. Contact Rev. Laura Smidzik. See articles below.

Saturday, October 22 – Circle Supper or Lunch. See article below.

Sunday, October 23 - Newsletter information is due. Contact Fred Green.

Wednesday, October 26, 11:00am - Craft lunch at PH. All are welcome. Contact Bobbi Freeman.

Wednesday, October 26, 1:30pm - Novel exchange book club meets. Contact Sharon Borg.

Thursday, October 27, 2:00pm - Book Club meets. The book is *Hudson Bay Bound: Two Women, One Dog, Two Thousand Miles to the Arctic* by Natalie Warren. Contact Cynthia LeBlanc.

Saturday, October 29 – Circle Supper or Lunch. See article below.

SHARING OUR BUILDING WITH MICHAEL SERVETUS

Pilgrim House is embarking on a new partnership with Michael Servetus Unitarian Society (MSUS) this fall. The MSUS fellowship sold its building in Fridley last year. While the group has been meeting on Sundays in a middle school, they need space for their other activities. We offered to share our building as it is often available during the week.

MSUS is a small but active fellowship with some paid staff, including a children's RE director. They are inviting PH members to participate in many of their activities, such as Adult RE and a regular Saturday potluck and coffee house. (See the

Pilgrim House UU Fellowship

We seek to carry out the principles of the Unitarian Universalist Association of churches and fellowships, with which we are affiliated. These principles affirm the worth of everyone, freedom and the right of conscience in search of truth, encouragement of one another's spiritual growth, and the wonder and mystery of the web of all life. Membership in Pilgrim House is open to everyone who is in sympathy with our purposes and principles and wants to join.

Phone: 651-631-2582 (leave a message)

Email: pilgrimhouse@pilgrimhouseuua.org

Internet: <http://www.pilgrimhouseuua.org>

Board Chair: Les Rogers

The Land Acknowledgement

Pilgrim House acknowledges that we gather on the ancestral land(s) of the Dakota People. We honor with gratitude the land itself and the people who have been stewards throughout the generations, including the Ojibwe.

Pilgrim's Progress (Pilgrim House Newsletter)

If you have any items for the newsletter, please contact Fred Green

newslettereditor@pilgrimhouseuua.org

following article in this newsletter for more information.) MSUS will continue to hold its Sunday morning service elsewhere.

Both fellowships are excited about this partnership. While PH will be receiving a small rental fee to offset the slight increase in costs we expect, we are mostly looking forward to new opportunities for engagement and pleased to have our wonderful building more fully utilized. MSUS staff and members are happy to have a place to gather again and to invite us into many of their events.

Please contact Les Rogers or Marcie Jefferys for more information. Once the agreement between PH and MSUS is finalized, a small group from PH will be helping orient MSUS members to our building and procedures.

SHARED EVENTS WITH MICHAEL SERVETUS

from Rev Laura Smidzik of MSUS

These are regular events we would like to host and invite PH folks to participate.

Potluck and Coffee House, October 1, 5:30 potluck, 6:30 hybrid Coffee House

MSUS has been hosting virtual coffee houses since the pandemic began. The first year they were held every week, the second year we switched to twice a month. Now, we'd like to come together in person and liven it up with a potluck. We hope that folks from Pilgrim House will join us for both parts of the evening. Anyone can perform regardless of how good you are. These gatherings are all about sharing and fun. If you would like to perform in person or online, contact Chad at chadasnyder@gmail.com. Potluck and Coffee Houses will be held on the first Sunday of the month.

Third Thursday 60+ Gathering, October 20, 11:00 - 1:00 pm

Join the MSUS daytime group for congregants and friends. We gather for a one-hour program and discussion followed by a simple potluck lunch. The topic varies month to month and the format includes small group conversation. Email Laura at revlaura@msuu.org if you want to be on the mailing list for reminders. We meet on the Third Thursday of the month.

Saturday, October 22, 3:00 pm

Blessing of the Animals with MSUS

The Blessing of the Animals service is a way to honor the animals (and reptiles) in our lives. Past services have brought such joy as we get to see and hear about each other's pets and acknowledge the gifts they bring to our lives. This year we have a unique opportunity to include animals that have no interest in joining in person and sitting in a circle with others! You and your pet can join us in person or from the comfort of your own home. We look forward to seeing you and your pet/s on October 22nd.

CRAFT LUNCH

If you have a favorite craft, art or creative activity, join us for lunch and projects at 11:00 the last Wednesday of each month.

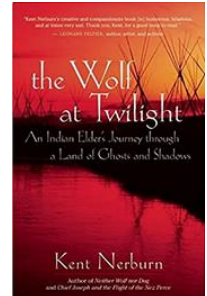
This month bring your lunch and current project to PH at 11:00 on October 26. Or drop in to chat, lunch and find a new or rediscover a former creative activity.

Hope to see you and your creative project.

Bobbi, Candy, Carol, Judy

COMMON READ ON A NATIVE AMERICAN TOPIC-- COORDINATED BY CONNECTIONS COMMITTEE

Update: Author Kent Nerburn's program has been postponed to November 27. You'll have more time to participate in the Connections Committee's Common Read of one of the author's books, *The Wolf at Twilight* -- which will be followed by a book discussion at 4 pm on Sunday, November 13. There's time to check your library or bookstore or borrow one of the copies that we're rotating among readers at Pilgrim House. Plan to join us for this discussion.



Summary: A note is left on a car windshield, an old dog dies, and Kent Nerburn finds himself back on the Lakota reservation where he traveled more than a decade before with a tribal elder named Dan. The touching, funny, and haunting journey that ensues goes deep into reservation boarding-school mysteries, the dark confines of sweat lodges, and isolated Native homesteads far back in the Dakota hills in search of ghosts that have haunted Dan since childhood.

SOCIAL ACTION

HopeFest for Alexandra House

Pilgrim House was a sponsor of HopeFest and some of us attended HopeFest and went on the one mile walk along the Rum River in downtown Anoka.

Cookie Cart

Check out the cookie choices, as well as special packaging for your cookies at <https://cookiecart.org/>.

UU the Vote

If you are interested in working on non-partisan, election-related efforts here in Minnesota, MUUSJA is coordinating efforts. See [#UUtheVote in Minnesota](#) and <https://www.muusja.org/>.

COAT DRIVE

Community Support Center Coat Drive - October 15, 2022

Collecting coats at Pilgrim House through October 9. Winter coats (no lightweight coats); new hats, mittens, gloves, boots, and scarves.

Volunteer opportunities:

1. Deliver coats - Friday October 14th to church in New Brighton.
2. Help participants with choosing coats and bagging up items - 9:45 - noon OR noon - 2:30.
3. 2pm - bag up leftover items.

Contact Judy Bloom Martinez if you can help with any of these opportunities.

CIRCLE ROUND FOR FOOD AND FRIENDSHIP -- CIRCLE SUPPERS OR LUNCHESES

We enjoyed good times with these small, home-based meals last spring, so we're organizing an autumn version. These small Saturday gatherings of Pilgrim House members and friends allow us to share some relaxing, informal fellowship. **How it works** -- A host prepares a main dish and participants provide a dish and/or beverages to pass to round out the meal.

Proposed dates are **Saturdays October 22 and 29**. Upon having your sign-ups, we will form groups and send out emails with names of group members and the volunteer host. The host then contacts their group members to (1) Propose a time to meet; (2) Suggest/coordinate items for attendees to bring such as salad, bread, side dish, dessert, beverage - and inquire about dietary restrictions/preferences; (3) Provide directions to the host's home.

Sign up at Pilgrim House -- **or** send an email to pilgrimhouse@pilgrimhouseuua.org with (1) Names of persons attending; (2) Choice of date -- October 22 or 29 or either; (3) Preference for afternoon or evening; or either; (4) Would you be willing to host?

We will keep the group sizes to no more than 6, counting the host(s). Participants must be fully vaccinated. **Note:** Hosts could choose to gather their group at Pilgrim House.

Looking forward to your participation!

Nancy Olson, Kathy Aanerud --Connections Committee

VIRTUAL COFFEE HOUR

Our Next Virtual Coffee Hour is October 18, 2:00-3:00pm.

Hello friends!

We will start our virtual coffee hour on Tuesday, October 18 at 2 pm. Looking forward to hearing from out-of-town folks & our community. It is a great time to share stories & keep up to date with your PH. friends. Look for the Zoom invite from Pilgrim House and join us! Nancy Olson



GREAT DECISIONS AT PILGRIM HOUSE

October 6 - Foreign Policy, Economic Power, and U.S. Industrial Policy

The current discussion of industrial policy in the United States is not simply whether to support specific companies or industries, but about trust or mistrust of the government and its ability to manage the economy and deal with a rising China. The upheaval in supply chains during the pandemic exposed weaknesses in the international economy. What policies can the United States implement to deal with trade and the economy?

Our speaker will be Professor Duncan McCampbell, an American lawyer and professor of international business and law at Metropolitan State University in Minneapolis.

CURRENT PILGRIM HOUSE COVID POLICY

Vaccines: We are still asking attendees to be vaccinated, however there will be an exception for children too young to be vaccinated.

Masks: Masks are optional in the entire building.

Program Room: Social Distancing is encouraged.

We will continue to run air purifiers.

Beverages are allowed.

Fellowship Room and nursery: There is no expectation of social distancing.

We will continue to run air purifiers.

Food and beverages will be provided by Hospitality. Member provided food, Soup Sundays, and potlucks will be reviewed later this fall.

NEW MEMBERS ARE WELCOME HERE!

We enjoy the visitors and friends who join us for Sunday programs. If you're interested in taking the next step of becoming a member of Pilgrim House, we'd would enjoy talking with you and sharing a short, live Power Point introduction – in person or via Zoom.

Kathy & Mel Aanerud

Membership Committee

membership@pilgrimhouseuua.org

