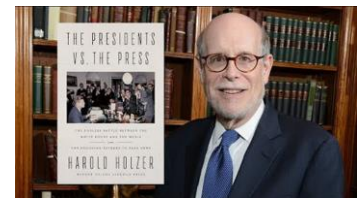


### Upcoming Sunday Programs (10:15 to 11:30 am)

*Pilgrim House is open for both in person and Zoom attendance. Our updated COVID attendance policy is below.*

#### April 3 – Professor Harold Holzer via Zoom – The President and the Press

The Endless Battle between the White House and the Media—from the Founding Fathers to Fake News. Harold Holzer is the Jonathan F. Fanton Director of The Roosevelt House Public Policy Institute at Hunter College in New York City, a post he assumed in 2015 after 23 years as senior vice president of The Metropolitan Museum of Art. He also served for six years as chairman of the Abraham Lincoln Bicentennial Foundation, and the previous 10 years as co-chair of the U. S. Lincoln Bicentennial Commission, appointed by President Bill Clinton. In 008, Holzer was awarded the National Humanities Medal by President George W. Bush.



#### April 10 – Music and Talk with Doug and Steve

Doug Wood, author, illustrator, musician, naturalist, wilderness guide, “Minnesota’s renaissance man”... This is Douglas Wood. Doug is the creator of classic children’s books like *Old Turtle* and *A Quiet Place*. He publishes critically acclaimed adult titles like *Deep Woods*, *Wild Waters* and *Paddle Whispers*. He visits countless schools, motivating students and teachers alike with his story of going from the “worst reader in the class” who struggled with ADHD and dyslexia, to becoming an international best-selling author. Doug communicates through words and music the inspiration to be found in nature. And his old friend Steve Borgstrom, a music teacher for 37 years adds amazing hot licks and gorgeous supporting parts on the acoustic 6-string.

#### April 17 – Our Annual Spring Celebration

If you have poetry, prose, a song that you would like to contribute to the celebration let Mel Aanerud know. If you want a speaking part in a prepared program, we have that too. We are looking for three people who want to participate from our script. Please let Mel Aanerud know [aanerud4@comcast.net](mailto:aanerud4@comcast.net). It should be entertaining and maybe even memorable. See article below.



#### April 24 – A River Through Time: Dynamics of Change on the Mississippi River

Making the Mississippi River better suited to our needs and purposes has profoundly altered the great river’s natural systems. Professor John Shepard of Hamline University’s Center for Global Environmental Education draws on an archive of interpretive visualizations and media resources to chronicle human impacts on the upper river’s floodplain ecosystems and the delta’s coastal wetlands as well as pathways to a more sustainable future for America’s most iconic river.

#### May 1 – Regenerative Farming – Sharing our Roots – Sarah Hunt – Climate Land Leaders

## CALENDAR

**Thursday, April 7, 7:00pm – Great Decisions via Zoom – Biden’s Agenda.** Everyone is welcome. Contact Bill Rohde. See article below.

**Monday, April 11, 7:00pm – Pilgrim House board meeting via Zoom.** Everyone is welcome. Contact Marcie Jefferys.

**Wednesday, April 13, 2:00pm – Zoom Coffee Hour via Zoom.** Contact Nancy Olson. See article below.

**Sunday, April 17 – Newsletter items are due.** Contact Fred Green.

**Wednesday, April 27, 1:30pm – Novel exchange book club meets via Zoom.** The book is *The Mysterious Affair at Styles* by Agatha Christie. Contact Sharon Borg.

**Thursday, April 28, 3:00pm – Book Club meets.** The book is *The Library Book* by Susan Orlean. Contact Cynthia LeBlanc.

## PILGRIM HOUSE UPDATES COVID POLICY

On March 21 the Regathering Committee met and made some changes to our current COVID policy.

**Vaccines:** We are still asking attendees to be vaccinated, however there will be an exception for children too young to be vaccinated.

**Fellowship Room and Nursery:** Masks will be optional and there will be no expectation of social distancing in the Fellowship Room and Nursery. We ask that members continue to wear their masks through the rest of the building. Food as well as beverages will be provided in the Fellowship room.

**Program Room:** We would like to maintain the Program Room as a place that is comfortable for as many of our members as possible. Masking will still be required in the Program Room. Social distancing will still be maintained, and we will still not allow beverages in the Program Room.

## 2022 FINANCIAL CONTRIBUTION PLEDGE DRIVE

It’s that time again for our annual pledge drive!

The requests will be mailed out the first week of April, with a requested return date of April 24th. The process is explained below:

### What is the Process?

- We ask members and supporters to pledge their support for the coming fiscal year (begins June 1). The board treats these pledges as advisory statements.
- In May, the board develops a budget for the next fiscal year based on pledges received.

## Pilgrim House UU Fellowship

We seek to carry out the principles of the Unitarian Universalist Association of churches and fellowships, with which we are affiliated. These principles affirm the worth of everyone, freedom and the right of conscience in search of truth, encouragement of one another’s spiritual growth, and the wonder and mystery of the web of all life. Membership in Pilgrim House is open to everyone who is in sympathy with our purposes and principles and wants to join.

**Phone:** 651-631-2582 (leave a message)

**Email:** [pilgrimhouse@pilgrimhouseuua.org](mailto:pilgrimhouse@pilgrimhouseuua.org)

**Internet:** <http://www.pilgrimhouseuua.org>

**Board Chair:** Marcie Jefferys

## The Land Acknowledgement

*Pilgrim House acknowledges that we gather on the ancestral land(s) of the Dakota People. We honor with gratitude the land itself and the people who have been stewards throughout the generations, including the Ojibwe.*

## Pilgrim’s Progress (Pilgrim House Newsletter)

If you have any items for the newsletter, please contact Fred Green

[newslettereditor@pilgrimhouseuua.org](mailto:newslettereditor@pilgrimhouseuua.org)

- At the annual meeting (May/June), the membership elects a new board of directors and adopts a budget. The approved budget is used to guide expenditures throughout the year.

## What does it cost to keep Pilgrim House running?

- Our 2021-2022 operating budget was \$38,052. We planned \$16,400 for building and grounds, including repairs, utilities, plowing/mowing, cleaning, etc., and \$8,100 for the capital improvement savings account. The remainder was divided among adult programs & speakers, children’s programs, social action, and UUA dues & conferences.
- Major capital improvement expenses in 2021-22 were the repair of the driveway and parking lot (\$14,655), and technology upgrades (over \$8,000) to support both remote and in-house programming. Additionally, we fund a capital improvement savings account for future replacements of furnaces, kitchen appliances,

siding & roofing, and for parking lot and general building maintenance.

The board of directors thank you for your continued support.

Thank you,

Finance Committee

### Time and Talent Opportunities

Pilgrim House is a lay-led, all volunteer fellowship.

We encourage you to deepen your connections to the fellowship by contributing your time and talent to one of our committees.

- Membership
- Social Action
- Connections
- Children's Religious Education
- Program Committee
- Program Facilitation
- Music
- Sunday Hospitality
- Congregational Care
- Technology
- Building & Grounds
- Finance
- Safety
- Be the featured speaker on Sunday mornings! Member-provided programs on topics of interest are much appreciated.

Thank you for your support of Pilgrim House,  
Les Rogers & Carol Green – Finance Committee  
If you have questions, please contact Les Rogers.

### JOIN IN THE FUN! ... PILGRIM HOUSE CHAMBER SINGERS SPRING CELEBRATION PERFORMANCE

For the special April 17<sup>th</sup> Spring Program, we're hoping to again include some choral music selections. In deference to continued caution while slowly easing pandemic restrictions, we won't be hosting a full chorale performance and singers will most likely be masked, but we are hoping to field another small "Pilgrim House Chamber Singers" performance as we did for the December holidays. We're hoping to field a small but mighty group of perhaps 6 or 7 singers. Practices will be the preceding one or two Saturday mornings, either at Pilgrim House or Bill Rohde's home depending on the resulting group. If you'd like to join in the fun, please contact PH Music Chair Bill Rohde as soon as possible.

#### Spring Celebration Participants Needed

Holiday programs at Pilgrim House are so special because of YOUR contributions and participation. If you have a reading, poetry, music or dance you'd like to share, please contact either Mel Aanerud or Bill Rohde.

We need two things to make it complete

1. A few people who want to perform with a song, prose, poetry, or a dance of their choosing or
2. Two more people who want to perform but using the script we have prepared from "A Rite of Spring: An Eastertide Celebration" taken from writing by The Rev. Erik Walker Wikstrom – the former Worship and Music Resources Director for the Unitarian Universalist Association.

Please let Bill Rohde or Mel Aanerud know. It should be entertaining and maybe even memorable.

### CIRCLE ROUND FOR FOOD AND FRIENDSHIP: "CIRCLE SUPPER," LUNCH, OR BRUNCH!

We had a good time with these small, home-hosted meals last fall, so we're organizing a springtime version. These Saturday gatherings of Pilgrim House members and friends allow us to share some relaxing, informal fellowship. A host prepares a main dish, and participants provide a dish to pass and/or beverages to round out the meal. It could be a supper -- or a group could choose to make it a lunch or brunch.

Dates will be **Saturdays April 23 or April 30**. Upon having your sign-ups, we will form groups and send out emails with names of group members and the volunteer host. The host then contacts their group members to (1) Propose a time to meet; (2) Suggest/coordinate items for attendees to bring, such as salad, bread, side dish, dessert, and/or beverages. (3) Directions to your home **Sign-up** at Pilgrim House -- or send an email to [pilgrimhouse@pilgrimhouseuua.org](mailto:pilgrimhouse@pilgrimhouseuua.org). For the email sign-up, include: (1) Names of persons attending; (2) Your choice of date--April 23 or April 30 or either; (3) Prefer daytime, or evening, or either; (4) Would you be willing to host?

Participants must be fully vaccinated. We will keep the group size to no more than 6, including the hosts in that count. **Note:** Hosts could also gather their group at Pilgrim House. Any regathering restrictions on food don't pertain to small non-Sunday program gatherings.

Looking forward to your participation!

*Kathy Aanerud, Connections Committee*

### SACRED SITES TOUR – AUGUST 21<sup>ST</sup>

Jim Bear Jacobs presented a program at Pilgrim House about Indian Stories and suggested to us that we might do two things 1) not only recognize that we are on

ancestral ground of the Dakota people, but also contribute to some organization that is dealing with native peoples. 2) take his Sacred Sites Tour, which might also achieve his first suggestion.

### Save the date – August 21, 1:00-5:00pm

We have scheduled one of his Sacred Sites Tours for August 21 from 1:00 to 5:00. They assured us that there is not an extensive amount of walking as we drive from site to site. The walking is mainly confined to walking from the parking lot to the space where Jim Bear is speaking, mostly flat. The paths are paved and the tour is wheelchair accessible. There are not many places to sit and we suggest that individuals bring portable lawn chairs if they cannot stand for longer periods of time.

The board is making a donation which entitles us to 40 people on the walk. So, we will need to know how many Pilgrim House people will attend. Somewhere in June, we will open it up to others: Our neighboring Unitarian Universalist congregation and to friends and relatives of our own members.

Let Mel Aanerud know your intention.

## GREAT DECISIONS PROGRAM TO FOCUS ON BIDEN'S AGENDA

The 7:00pm April 7<sup>th</sup> Pilgrim House/Arden Hills Great Decisions topic will be Biden's Agenda (see 2022 Great Decisions Book Chapter 8 – *Biden Foreign Policy in the Age of Strategic Competition*). The presentation and discussion will be held via Zoom and led by Dr. Richard Leitch, who teaches International Relations, Comparative Politics, Asian Politics, Environmental Politics and the Politics of Poverty in the Political science Department at Gustavus Adolphus College. He has received several Distinguished Teaching Awards and been included in the Princeton Review's list of "best 300 professors".



Zoom links will be sent to registered Great Decisions participants about two days prior to the presentation. If you've not yet signed up to participate in Great Decisions, or if you'd like to sit in this session and "try it out", please contact interim coordinator Bill Rohde to request the Zoom program link.

## SOCIAL ACTION

### Ralph Reeder Food Shelf Minnesota Foodshare Ends April 11, 2022

*The last Sunday morning to bring donations to Pilgrim House is April 3.*

**Donate Food** – With supply chain issues, the food shelf is unable to source and purchase larger quantities of certain items as readily as we have in the past. Because of this, we have had many out of stocks on items our families need and enjoy. The more pounds of food and hygiene items we collect, the larger our bonus from Minnesota Foodshare. Drop off times at the food shelf are M-F 9 to Noon or by appointment. Drop off deadline 4/11/22.

**Donate Funds** – We know that there are some folks who may still want to donate money or a combination of food and money. Donations can continue to be collected at Pilgrim House or make a donation online at [www.ralphreederfoodshelf.org](http://www.ralphreederfoodshelf.org)

Please feel free to like and follow the food shelf on Facebook to learn more about our programs and services and for ongoing updates:

<https://www.facebook.com/ralphreederfoodshelf>

### Cookie Cart

Check out the cookie choices, as well as special packaging for your cookies at <https://cookiecart.org/>.

### Concerned about the War in the Ukraine?

See the UUA press release at <https://www.uua.org/pressroom/press-releases/supporting-ukraine>.

## CONGREGATIONAL CARE

Congregational Care volunteer opportunities

David Conradi-Jones appreciates rides to visit Karen at Shalom hospice. He visits Karen every day. He especially appreciates rides on Sundays so they can enjoy our programs together!

<https://tinyurl.com/DavidRides>

Al Potter is back to his old stomping grounds and has many treatments and exercises to keep him busy. You can sign up to help Al with some meals at:

<https://mealtrain.com/80qzo8>

## VIRTUAL COFFEE HOUR

### Our Next Virtual Coffee Hour is Wednesday, April 13, 2:00-3:00 on Zoom

Take a break and join us for a one-hour get-together. The conversation flows easily between participants.

Signs of spring, your recent accomplishments,





memories, movies, opportunities for learning, and more. We enjoy being joined by those who are out-of-state as well as catching up with those in the Pilgrim House neighborhood. Watch for an email with the Zoom link a couple of days in advance of our gathering.



**UUA GENERAL ASSEMBLY**  
MULTIPLATFORM / PORTLAND • 2022

## GENERAL ASSEMBLY -- THE ANNUAL MEETING OF OUR UNITARIAN UNIVERSALIST ASSOCIATION (UUA)

**It's multi-platform this year!**

Save the date: June 22-26

Where: Portland Oregon -- or virtually from the comfort of your home

Gather with Unitarian Universalists from across the country. A wide array of workshops, music, keynote speakers, discussions, and business meetings to act on decisions affecting our association.

Open to all! The virtual option makes attending more affordable without travel and lodging expenses. Pilgrim House reimburses the registration fee for our two voting delegates. More event info here: [www.uua.org/ga](http://www.uua.org/ga).

Questions related to Pilgrim House? Contact Mel and Kathy Aanerud/Membership Committee [membership@pilgrimhouseuua.org](mailto:membership@pilgrimhouseuua.org).

## REGIONAL ASSEMBLY -- AN ANNUAL MEETING WITH STATES IN OUR UUA MID-AMERICA REGION

**Save the date: Saturday, April 30, 9am – 1pm CT**

Where: It's online.

This is an Annual Business Meeting with break out rooms for connection and conversation. The keynote speaker, CB Beal, is a writer, storyteller, and UU educator, described as "a dynamic and humorous speaker and frequent presenter and consultant in congregations and schools in the northeast. He will present "The glass is Refillable: Pandemic Exhaustion, Lifelong Faith Formation, and Preemptive Radical Inclusion."

All are welcome to attend. Event information and Registration is on the MidAmerica Region website at:



<http://www.uua.org/midamerica/ra/2022>. There is a registration fee on a graduated scale of \$25, \$35, or \$50. Pilgrim House reimburses the registration fee for our two voting delegates.

Questions related to Pilgrim House? Contact Mel and Kathy Aanerud/Membership Committee [membership@pilgrimhouseuua.org](mailto:membership@pilgrimhouseuua.org).

## PARKS: PORTRAIT OF A YOUNG ARTIST

The play is showing at the History Theater March 19 – April 10, 2022. The tickets are for either in-person (March 19-April 10) or streamed performances (April 4-10) too. Tickets can be purchased on line or by calling by phone: 651-292-4323

Here is a link to the play on the History Theatre's site.

<https://www.historytheatre.com/2021-2022/parks>

The information below is from the History Theater website about the play.

Parks: A Portrait of a Young Artist

March 19 – April 10, 2022

By Harrison David Rivers in collaboration with Robin Hickman-Winfield

Directed by Talvin Wilks

Time period – 1926. Fort Scott, Kansas. Gordon Parks, age 14, left home for St. Paul after the death of his mother. He lived with his sister, until her husband kicked him out of the house and into the streets. While struggling to survive, his mother's words would echo in his head, "Make a good man of yourself, 'cause you have a choice. You always have a choice." Inspired by Parks' book, *A Choice of Weapons*, Harrison takes us into the world of young Gordon, who would choose a camera to fight back hatred and discrimination. His passion as an artist would lead him to become a major figure in the American cultural landscape.

## NEW MEMBERS ARE WELCOME HERE!

We enjoy the visitors and friends who join us for Sunday programs. If you're interested in taking the next step of becoming a member of Pilgrim House, we'd would enjoy talking with you and sharing a short, live Power Point introduction – in person or via Zoom.

*Kathy & Mel Aanerud*

Membership Committee

[membership@pilgrimhouseuua.org](mailto:membership@pilgrimhouseuua.org)

