

Upcoming Sunday Programs (10:15 to 11:30 am)

October 6 – Faith and Equity

Jesus Lucero is the Greater MN and Faith Coordinator of OutFront MN, the largest LGBTQ+ public policy and advocacy group in Minnesota. He will present an overview of current pressing issues including intersectionality and conversion therapy, and also help us work to model inclusive practices, update our sense of how Pilgrim House members can be allies, and how we can plug into the movement work.



October 13 – World Population Balance – Alan Ware Director

World Population Balance focuses on education of the environmental consequences of United States and world overpopulation, the need to halt exponential population growth, and the need to reduce births in order to achieve a stable, sustainable population.

October 20 – Project Art for Nature – Vera Ming Wong and Bonnie Ploger

Project Art for Nature is a collaboration of artists and illustrators who focus their work on an area of land that is need of protection. See <http://www.projectartfornature.org/>.



October 27 – Bluegrass music – Brian Wicklund and Mike Cramer

One immediately notices watching Brian and Mike how darn good they are. Then you see how much fun they have together. These guys really play...

Brian is widely regarded as among the top bluegrass fiddle performers and teachers in the country. As bandleader of the Minnesota-based Barley Jacks, he also showcases his formidable talents as mandolinist and songwriter. His song craft has a quality of timelessness that draws from the roots music he has spent his life playing.

Mike Cramer started his performing career playing guitar on Mississippi paddle boats as a teenager. With a degree in jazz performance and numerous flatpack guitar championships under his belt, he is among the most versatile guitarists in the midwest.

Every show is different. Every song unique. Come and watch them play.

November 3 – Minnesota From the Road Part 3 – Doug Ohman

Travel with photographer/storyteller Doug Ohman as he photographs many of Minnesota's most interesting landmarks and Icons. Doug will share the stories of how this landmarks became so famous. His pictures and stories will be sure to entertain and bring new interest in more road trips around our great state. This is the third in a series – Southern Prairie Tour – Enjoy the history and charm along the Minnesota River as we make our way to Pipestone and other interesting towns and sites.



CALENDAR

Thursday, October 3, 7:00pm – Great Decisions resumes at Pilgrim House – Cyber Conflict and Geopolitics. Contact Al Potter.

October 6 – Last day to signup for Food and Friends. Contact Carol or Fred Green. See article below.

Sunday, October 6, 11:30am – Soup Sunday – Join us for Soup following the program. Bring items for the food shelf donation area and/or sign up to bring soup, both in the entryway. All are welcome. Contact Fred Green for Foodshelf, Bob Treumann for Soup Sunday. See article below.

Tuesday, October 8 – 10:00am – Knitting and craft group is meeting at Pilgrim House. All are welcome. Contact Mary Ryan.

Monday, October 14, 7:00pm – Pilgrim House Board meeting at Pilgrim House. All are welcome. Contact John or Shannon Zobitz.

Tuesday, October 15, 2:00pm – Congregational Care meets at Pilgrim House. Contact Nancy Olson.

Wednesday, October 16 – 6:00pm – UUA Webinar “Small Making a Big Difference” at Pilgrim House. All are welcome. Contact Mel Aanerud.

Friday, October 18, 6:00pm – Harvest Fest at Pilgrim House. Dinner at 6 pm, dance at 7 pm. Food shelf donations encouraged. All are welcome. Contact Les Rogers. See article below.

Saturday, October 19, 7:00pm – Game Night at Pilgrim House. All are welcome. Contact Curt Corum.

Wednesday, October 23, 10:45am – Social Action Coterie Group meets at Pilgrim House. All are welcome. Contact David Conradi-Jones.

Wednesday, October 23, 1:30pm – Novel Exchange Book Club meets at the Shoreview Library. Contact Sharon Borg.

Thursday, October 24, 4:00pm – Book Club meets at Ron Hitzemann's. The book is *Becoming* by Michelle Obama. Contact Cynthia LeBlanc.

Saturday, October 26 – Pilgrim House Food and Friends meals in members homes. Contact Carol or Fred Green.

Sunday, October 27, 12:00pm – Continuing discussion of White Supremacy. All are welcome. Contact Ellen Shelton. See article below.

RE CORNER

Children's Religious Education Program

Our students have been talking about and doing activities related to the First Principle, we believe that every person is important. Each student will be creating

Pilgrim House

We seek to carry out the principles of the Unitarian Universalist Association of churches and fellowships, with which we are affiliated. These principles affirm the worth of everyone, freedom and the right of conscience in search of truth, encouragement of one another's spiritual growth, and the wonder and mystery of the web of all life. Membership in Pilgrim House is open to everyone who is in sympathy with our purposes and principles and wants to join.

Phone: 651-631-2582

Internet: <http://www.pilgrimhouseuua.org>

Board Co-Chairs: John and Shannon Zobitz

Pilgrim's Progress (Pilgrim House Newsletter)

If you have any items for the newsletter, please contact:

Fred Green

newslettereditor@pilgrimhouseuua.org

a notebook with a section for each principle. This will contain a cover sheet and other activities associated with each principle.

There is a group of nine volunteers that will be taking turns assisting Isabelle in the classroom.

Carol Green

Children's Religious Education Committee Chair

HARVEST FEST AT PILGRIM HOUSE!

It's almost here – a gathering for all ages.

Friday evening, October 18th.

– A potluck supper begins at 6:00 pm; and the barn dance begins at 7:00.

Live music will be provided by Ken Steffenson and musical friends. A dance caller will provide instructions for all to join in easy-to-learn circle dancing – or simply sit back and enjoy some great music.

Invite your friends and neighbors!

No admission charge -- but we encourage you to bring food items or cash/checks for the Ralph Reeder Food Shelf.

Let's fill a bountiful basket of items.

Questions: Contact Les Rogers – Harvest Fest Coordinator.

FOOD AND FRIENDS SIGNUP EXTENDED

The last day to sign up is now Sunday, October 6. Enjoy a meal with a small group of Pilgrim House members



and friends. The dates are Saturdays, October 26 and November 2. Sign up on the sheet at Pilgrim House or contact Carol or Fred Green.

SOCIAL ACTION

22nd Annual Winter Clothing Collection

Collecting: September 15 – October 6, 2019 at Pilgrim House

The Social Concerns Network is collecting the following items to give away free of charge to those in our community who need them:

- Winter Coats (gently used or new)
- Snow Suits or Pants (gently used or new)
- Gloves, Mittens, Scarves (gently used or new – we love handmade items!!)
- Hats (NEW ONLY PLEASE) – we love handmade items.

Please, No Indoor-Weight Clothing or Light-Weight Coats.

Distribution will be October 12, 2019, 10:00 am–2:00 pm at Christ the King Lutheran Church, 1900 7th St NW, New Brighton. If you would like to volunteer to assist on the day of the coat drive distribution, please contact Judy Bloom-Martinez.

HopeFest

Pilgrim House sponsored and participated in HopeFest to benefit Alexandra House on September 28.

Social Action Coterie Group

The Coterie Group completed a letter to the editor on the national debt which has been sent to a local paper. The group is now evaluating the next topic to address and how to use social media to expand our reach. If you are interested, contact David Conradi-Jones.

Minnesota UU Social Justice Alliance

Justice-seekers, Justice-lovers! YOU are invited to MUUSJA JAMS* (*that's the JUSTICE AWARDS & MUSICAL SOIREE by MN UU Social Justice Alliance, Friday October 25 5:30-8:30pm, at United Theological Seminary in Saint Paul & LIVE-STREAMED statewide to your homes or satellite parties. Supper is free & kids are welcome! Register at <https://www.muusja.org/youre-invited-to-muusja-jams/> Contact Director@MUUSJA.org or 612-927-2072 for accommodations & questions.

CONTINUING DISCUSSION OF WHITE SUPREMACY

Last spring PH members read and discussed the book *White Fragility*, by Robin DiAngelo. During that discussion, Ed Dickinson shared a sheet of ideas developed during a discussion about what white identity might look like without white supremacy. People were

intrigued, and wanted a chance meet again later to delve into that idea, with an eye toward what we as individuals can do to further the anti-racism effort. Join the conversation after the Sunday program on October 27, whether or not you were at the earlier discussion.

WEBINARS FOR SMALL CONGREGATIONS

Unitarian Universalist Association is beginning a series of Webinars for small congregations – The first will be October 16 at 7:00 entitled “Small Making a Big Difference” – The board has paid for our congregation. We will gather at Pilgrim House and watch the webinars on the big screen in the meeting room. The first one begins at 6:00pm. For more information you can contact Mel Aanerud All members are welcome and urged to attend. It doesn't cost any more if we have a full house.

DEFENDING OUR DEMOCRACY

“Defending our Democracy” is the action item passed at General Assembly. Throughout the year we will have Sunday Programs – David Conradi-Jones has begun his Political Coterie that meets at Pilgrim House on the fourth Wednesday at 10:45 am. There are elections in 2019 and in October we will have information on those elections in your community available to you. The first way to defend democracy is to vote.

SOUP SUNDAY -- OCTOBER 6

Join us the first Sunday of each month, following the program, for a delicious lunch of soups and bread provided by members and friends. All are invited to enjoy food and relaxing fellowship.



There's a sign-up sheet for each month in the entryway to bring soup, bread, or to volunteer to lead clean-up. There are soup kettles in the kitchen for you to bring home for soup preparation. You can even "cook" your favorite frozen or canned soup -- we won't tell!

Thank you Bob Treumann and Candy Lang for tracking and reminding our volunteers. And thank you, Nancy Olson, for leading our coffee volunteers on set-up for Soup Sunday.

Nancy Olson and Kathy Aanerud

Sunday Hospitality Coordinators

SOUP SUNDAY AND FOOD SHELF – A WINNING COMBINATION

Join our tradition of bringing items for the food shelf on Soup Sunday. There's a box in the entryway for your non-perishable contributions. Alternatively you can place a check, made payable to Ralph Reeder, in the donation box on the entryway wall.

HELLO FROM THE PILGRIM HOUSE LIBRARY!

Hello everyone and welcome to our new library . We hope you've had a chance to "check it out" – the books that is! Just write the name of the book in the notebook provided on the small table and leave a check mark in it when you return it. That's all there is to it.

We have books from the two book clubs at PH and also several books written by speakers that have come here for one of our Sunday morning programs, along with many other books.

We are taking book donations. Leave them in a box or bag and we will shelve them. If you would like to buy a book to donate to PH, your name can be placed inside the book on a bookplate.

A note about our artwork. The beautiful piece on the wall was done by Vera Ming Wang who spoke at Pilgrim House last season. She spoke about how nature and art come together for her. Please enjoy her work as you peruse the shelves.

We also have magazines.

Thank you to everyone who helped us put this wonderful Library together. Ron, Curt and Jim, Nancy and Bob T. and all of the book donors.

See you in the Library!

Mary R. And Judy M

FROM THE SEPTEMBER 15 PROGRAM SPEAKER VICTOR URBANOVICZ

Here are some nice words from Victor Urbanovicz who spoke at PH on 9/15/2019 on Northern European Immigrants and Unitarian Universalist Humanism:

"It was a pleasure addressing the Pilgrim House members this morning. You're a sharp bunch! The online version of my talk can be accessed via this link: <https://www.uua.org/midamerica/about-us/blog>"

PILGRIM HOUSE GREAT DECISIONS

October 3, 7:00 at PH

Cyber Conflict and Geopolitics

Cyber conflict is a new and continually developing threat, which can include foreign interference in elections, industrial sabotage and attacks on infrastructure. Russia has been accused of interfering in the 2016 presidential elections in the United States and China is highly committed to using cyberspace as a tool of national policy. Dealing with cyber conflict will require new ways of looking at 21st century warfare. Is the United States prepared to respond to such threats?

Our speaker is Todd Lefko. Todd is President of the International Business Development Company, an

import-export firm dealing with water purification equipment, kilns, linen, spices, art and new technologies. He has homes in both Minnesota and Moscow. He has written over 640 articles, which appear weekly in Rossiske Vesti, the political newspaper of the Russian Presidential administration, as well as other Russian newspapers.

RAIN GARDEN UPDATE

Our rain garden installation is finally complete!

It has been a journey! The research into grant availability started in 2018, the grant application was approved in April, and after many weather-related delays, the construction and planting was done in September.

The garden plantings are a mixture of native grasses, sedges, perennial flowers, and shrubs – a total of 166 plants.

Pilgrim House received a grant of \$7,500 from the Rice Creek Watershed District towards the cost of the garden. Brian Olsen from Ramsey County Soil and Water Conservation District provided the garden design. Outdoor Lab Landscape Design was our chosen contractor used to install the rain garden.

The rain garden will greatly increase the runoff captured from the parking lot and be an effective measure to filter runoff, reduce sediment movement, and reduce the rate and volume of stormwater that would otherwise runoff into the storm sewers, ultimately ending up in Karth Lake.

PILGRIM HOUSE ON FACEBOOK

Some of you have been confused about the Pilgrim House presence on Facebook. Pilgrim House currently has three sites on Facebook (the bold words identify the site):

The **Pilgrim House Unitarian Universalist** page which is visible to the general public. This is primarily for publicity. You cannot update this page without special privileges. The page is maintained primarily by Stephanie Lica. If there is some Pilgrim House event you think should be advertised to the public, contact Stephanie or Fred Green.

The **PH** group where members can exchange information. You can join this group by asking Fred Green to invite you to join.

The **Pilgrim House Unitarian Universalist Young Adult** group which is currently inactive.

