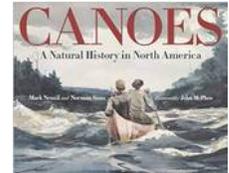


## Upcoming Sunday Programs (10:15 to 11:30 am)

### December 2 – Canoes – A Natural History of North America

Professor Mark Neužil Ph.D. Professor, Department of Communication and Journalism University of St. Thomas is co-author of the book *Canoes – A Natural History of North America*. <http://www.markneužil.com>



### December 9 – What the Election Means

Professor David Schultz is from the Hamline and University of Minnesota Schools of Law. He is the author of 30 books and 100+ articles on various aspects of American politics, election law, and the media and politics, and is regularly interviewed and quoted in the local, national, and international media on these subjects. He is a recurring speaker at Pilgrim House and will speak about the results of the 2018 election.

### December 16 – A Moderate Republican

Continuing our series of bringing in moderates to talk with us; Tom Horner was Press Secretary for Senator Durenberger and was the Independent Party candidate for Governor in 2010.



### December 23 – Pilgrim House Holiday Celebration!

Please join us for our always-special intergenerational PH holiday program, complete with group caroling, favorite holiday readings, seasonal music, a performance by the PH Chorale, a special guest (possibly from the far north), favorite foods, and more. Contact Bill Rohde or Mel Aanerud by December 16th if you or the youth in your household have special music or a reading to share. And don't forget to bring that favorite holiday food for our traditional potluck finger foods feast after the program. See you there!

### December 30 – Your Favorite Photograph

This is your opportunity to tell us about your favorite photograph. We will project your photo on the screen and you will have several minutes to tell about the image. Each person can share up to three photos.

If you would like to be part of the program, email photos (.jpg file) to Les Rogers by December 23. Contact Les if you have questions or need technical help.



### January 6 – Richard Terrill and Larry McDonough

The popular duo of Richard Terrill and Larry McDonough returns featuring their musical talents.

## CALENDAR

**Sunday, December 2, 11:30am – Soup Sunday – Join us for soup following the program.** All are welcome. Contact Bob Treumann for Soup Sunday.

**Thursday, December 6, 7:00pm – Great Decisions at Pilgrim House: Media and Foreign Policy, with Todd Lefko speaking.** All are welcome. Contact Al Potter. See article below.

**Tuesday, December 11, 10:00am – Knitting and craft group is meeting at Pilgrim House.** All are welcome. Contact Mary Ryan. See article below.

**Saturday, December 15, 10:00am –The Pilgrim House Chorale will hold its first Holiday Program practice at Bill and Judy Rohde's home, 165 Windsor Ct. in New Brighton.** All adults, high school and college students who like to sing are invited to participate. If you're relatively new to PH and/or haven't sung with the Chorale before, we especially urge you to come and join in the fun. See you there!

**Saturday, December 15, 7:00pm – Game Night at Pilgrim House.** All are welcome. Contact Curt Corum. See article below.

**Saturday, December 22, 10:00 am – The Pilgrim House Chorale meets for its final Holiday Program practice.** We'll again meet at Bill and Judy Rohde's home. All adults, high school and college students who like to sing are welcome to join.

**Sunday, December 23, Newsletter information due.** Contact Fred Green.

**Sunday, December 23, 10:15am – Holiday Program at Pilgrim House.** All are welcome. See front page story.

## CHILDREN'S RELIGIOUS EDUCATION

This month the Children's Religious Education Program is partnering with the Social Action Committee to support two activities. First is the annual Unitarian Universalist Service Committee's Guest At Your Table program. This year the theme is Justice Across Borders with an emphasis on the migration from Central America. Collection boxes, envelopes, and participation instructions are available at Pilgrim House.

Second is supporting the Alexandra House Holiday Shop. This year we are suggesting that each family at PH donate an item for the Holiday Shop. You are encouraged to have your child(ren) or grandchild(ren) help you choose a gift. The Holiday Gift Shop will be open for business on December 15, so your donation must be at PH by Sunday, December 9. An Alexandra House Holiday Wish List is available at Pilgrim House.

## Pilgrim House

We seek to carry out the principles of the Unitarian Universalist Association of churches and fellowships, with which we are affiliated. These principles affirm the worth of everyone, freedom and the right of conscience in search of truth, encouragement of one another's spiritual growth, and the wonder and mystery of the web of all life. Membership in Pilgrim House is open to everyone who is in sympathy with our purposes and principles and wants to join.

**Phone:** 651-631-2582

**Internet:** <http://www.pilgrimhouseuua.org>

**Board Chair:** Michelle Gardner

### Pilgrim's Progress (Pilgrim House Newsletter)

If you have any items for the newsletter, please contact:

Fred Green

[newslettereditor@pilgrimhouseuua.org](mailto:newslettereditor@pilgrimhouseuua.org)

If you would prefer an electronic copy of the Guest At Your Table and the Alexandra House Holiday Gift Drive Information, there are links on the Children's Program page of the PH website ([pilgrimhouseuua.org?n=PH.Children](http://www.pilgrimhouseuua.org?n=PH.Children)).

Carol Green, Children's Religious Education Committee Chair

## SOCIAL ACTION

### Food Shelf

\$290 and 23 lbs of food from Harvest Fest and Soup Sunday were donated to the Ralph Reeder Food Shelf!

Now the food shelf has its largest MATCHING CHALLENGE GRANT in history: effective now thru Dec. 14th – all donations will be matched up to \$25,000. Plus for every dollar donated, we can purchase up to \$8.00 worth of food! Even a small donation can make a huge impact. Bring checks made out to Ralph Reeder Food Shelf to Pilgrim House by December 9 or donate directly to the foodshelf – see [www.ralphreederfoodshelf.org](http://www.ralphreederfoodshelf.org).

### Community Support Center

Sing for Your Neighbors in January is an event to support the Community Support Center:

January 27, 2019, 2pm

Abiding Savior Lutheran Church in Mounds View  
Free Admission

Come hear choirs and musicians from community churches. With a donation to the CSC you can take home

some homemade soup or get a chance to win a door prize from the world of arts. The grand prize will be two tickets to a MN Orchestra Hall concert.

Come and enjoy the gathering to benefit the CSC.

## **FROM THE CONGREGATIONAL CARE COMMITTEE**

Hello everyone,

We have had some requests for assistance from members of our congregation. Everything from meals to visits to transportation to and from appointments. We would like to compile a list of people who would be willing to be called in the event that a need arises. At the time you are called you could simply say whether or not you would be available. We will begin by passing a clipboard, Yay!!!! And then posting it on our bulletin board in the Fellowship Hall. Thank you and please consider helping out your fellow Pilgrims.

Any questions? Call, text or email me.

Sincerely,

Mary Ryan

## **GREAT DECISIONS AT PILGRIM HOUSE**

### **December 6 – Media and Foreign Policy**

State and non-state actors today must maneuver a complex and rapidly evolving media landscape. Conventional journalism now competes with user-generated content. Official channels of communication can be circumvented through social media. Foreign policy is tweeted from the White House and "fake news" has entered the zeitgeist. Cyberwarfare, hacking and misinformation pose complex security threats. How are actors using media to pursue and defend their interests in the international arena? What are the implications for U.S. policy?

Speaker Todd Lefko is President of the International Business Development Company, an import-export firm dealing with water purification equipment, kilns, linen, spices, animal and human premixes, art and new technologies. He has worked in Russia for over 29 years. Todd has taught sociology and urban affairs at the University of Minnesota and political science, international relations, political philosophy, political campaign management, leadership and organizational development at other Minnesota colleges. He has an M.A. in Public Administration and coursework for a Ph.D. from the University of Minnesota, and has studied public policy as Bush Fellow at Harvard and urban planning at the University of Manchester, England. Todd has also been a member of the Twin Cities Metropolitan Council, The Regional Transit Board and the Minnesota Experimental City Authority.

## **GAME NIGHT**

Attention Gamers:

Game night is Saturday, December 15<sup>th</sup>, 7pm at Pilgrim House. Bring a favorite board/card game to play or play one of the many others. Ping Pong, pool, and popcorn as well!

Game Night is every 3rd Saturday. Questions, RSVP email/call Curt Corum.

## **KNITTING AND CRAFT GROUP**

The knitting and craft group is meeting at 10:00am on Tuesday, December 11th at Pilgrim House. Bring your craft or needlework project to work on. Everyone brings their own lunch. Stay for as long as you can up until 3:00.

If you have any questions contact Mary Ryan.

## **THE UUA OPPOSES TRUMP ADMINISTRATION'S NEW RULES FOR CONTRACEPTIVE INSURANCE COVERAGE**

*[[from the UUA website – uua.org]*

The Unitarian Universalist Association (UUA) opposes the Trump administration's new rules that would deny contraceptive insurance coverage for millions of people who aren't cisgender men. Disguised as protecting "religious liberty," the new rules are just another effort by the Trump administration – notoriously hostile to reproductive choice – to undermine the Affordable Care Act's efforts to provide contraceptive coverage.

In 2015, the UUA's governing body, General Assembly, affirmed its commitment to reproductive justice, which envisions the liberation of people of all genders, sexual orientations, abilities, gender identities, ages, classes, and cultural and racial identities.

Laws limiting access to health care disproportionately impact marginalized people. Our deeply held beliefs require us to advocate for an equitable world where people can receive the healthcare they need and make the choices that are best for them.

Employers shouldn't impose their religious beliefs on their employees. True religious liberty would allow people to decide whether or not to use contraception and would have their insurance cover the costs of contraception should they choose to use it.

The UUA firmly believes that reproductive justice is a human rights issue. The initial drafts of these new rules issued a year ago are already being contested in a number of court cases, and we are hopeful for rulings that will restore the Affordable Care Act's protection of reproductive rights for all.