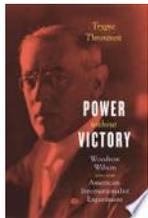


Upcoming Sunday Programs (10:15 to 11:30 am)

November 4 – Minnesota from the Road Part 2

Author, photographer and story teller Doug Ohman will be back for the second part of his grand tour of Minnesota's most beautiful landscapes, buildings and historic sites. He will focus on the Arrowhead and Northern Minnesota. Travel with Doug as he shows photographs many of Minnesota's most interesting landmarks and icons. Doug will share the stories of how these landmarks became so famous. His pictures and stories will be sure to entertain and bring new interest in more road trips around our great state. Doug is a photographer who has done the series of books of Minnesota churches, cabins, librarians, courthouses, schools, etc. pioneerphotos@comcast.net



November 11 – Wilson

Trygve Throntveit, PhD Development Officer Dean's Fellow for Civic Studies University of Minnesota, wrote a book on Woodrow Wilson and the end of the war. This year's program is at an opportune time, since the First World War ended at 11 O'clock on November 11 100 years ago.

November 18 – Our Traditional Pilgrim House Thanksgiving Celebration

Our PH Thanksgiving program is a not-to-be-missed time of celebration and community, bringing together Pilgrim House members and friends with special music, a performance by the Pilgrim House Chorale, seasonal readings and poetry ... and more. If you or younger members of your family have a musical selection you'd like to share, please contact Bill Rohde by Sunday 11/13. Similarly, if you have a reading you'd like to share, please contact Mel Aanerud. If you would like to sing in the Chorale, the Chorale practices are listed in the Calendar below. And don't forget to bring a dish to pass for our traditional pot luck feast immediately after the program. See you there!

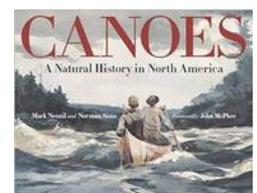


November 25 – Worship Service from UUA General Assembly

At General Assembly this year in Kansas City, the Youth conducted a worship service that we think would be worthwhile for others to see.

December 2 – Canoes – A Natural History of North America – Professor Mark Neužil

Professor Mark Neužil Ph.D. Professor, Department of Communication and Journalism University of St. Thomas is co-author of the book *Canoes – A Natural History of North America*. <http://www.markneužil.com>



CALENDAR

Thursday, November 1, 7:00pm – Great Decisions at Pilgrim House: Bill Davnie covering US Global Engagement and the Military. All are welcome. Contact Al Potter. See article below.

Sunday, November 4, 11:30am – Soup Sunday – Join us for soup following the program. All are welcome. Contact Bob Treumann for Soup Sunday. See article below.

Saturday, November 10, 6:00 pm – Harvest Fest at Pilgrim House – Potluck supper at 6 pm, barn dance at 7:00 with live music and a dance caller. Family-friendly event! All are welcome. Contact: Les Rogers. See article below.

Saturday, November 10, 10:00 am – First Thanksgiving PH Chorale Practice at Bill and Judy Rohde's, 165 Windsor Court, New Brighton. All singers, high school through adult, are welcome to join in the singing fun. No tryouts, no pressure, just a good time gathering and singing together as we begin preparations for the 11/18 Pilgrim House Thanksgiving Program. Contact Bill Rohde.

Tuesday, November 13, 10:00am – Knitting and craft group is meeting at Pilgrim House. All are welcome. Contact Mary Ryan. See article below.

Friday, November 16, 7:30pm – Amaryllis concert at Pilgrim House. All are welcome. Contact Kathy Aanerud. See article below.

Saturday, November 17, 10:00 am – Final Thanksgiving PH Chorale Practice at Bill and Judy Rohde's, 165 Windsor Court, New Brighton. Singers, both high school and adult, join together in song for this final PH Chorale practice prior to our special 11/18 PH Thanksgiving program.

Saturday, November 17, 7:00pm – Game Night at Pilgrim House. All are welcome. Contact Curt Corum. See article below.

Sunday, November 18, Newsletter information due. Contact Fred Green.

Thursday, November 29, 5:30pm – Book club Holiday Party at LeBlanc's. Contact Cynthia LeBlanc.

CHILDREN'S RELIGIOUS EDUCATION

The Sunday Seekers class is using the Tapestry of Faith curriculum "Balance In The Ecosystem." The sessions are related to the seventh principle, "Respect for the interdependent web of all existence of which we are a part."

The Children's Religious Education is again sponsoring The Unitarian Universalist Service Committee's (UUSC)

Pilgrim House

We seek to carry out the principles of the Unitarian Universalist Association of churches and fellowships, with which we are affiliated. These principles affirm the worth of everyone, freedom and the right of conscience in search of truth, encouragement of one another's spiritual growth, and the wonder and mystery of the web of all life. Membership in Pilgrim House is open to everyone who is in sympathy with our purposes and principles and wants to join.

Phone: 651-631-2582

Internet: <http://www.pilgrimhouseuua.org>

Board Chair: Michelle Gardner

Pilgrim's Progress (Pilgrim House Newsletter)

If you have any items for the newsletter, please contact:

Fred Green

newslettereditor@pilgrimhouseuua.org

annual Guest At Your Table program. The program will run from Sunday, November 18 to the Holiday Program, December 23. Participation details will be explained at the November 18th program. The information below is from the UUSC website.

What is Guest at Your Table?

Guest at Your Table (GAYT) is UUSC's annual intergenerational program to raise support for and awareness about key human rights issues. Since UUSC works in over 25 countries, with over 75 grassroots partners, there are thousands of individuals involved in and who benefit from the work that our members make possible. The program is an opportunity to celebrate grassroots partnership, support human rights, and learn about just four of these individuals – the "guests" in Guest at Your Table.

2018-2019 Theme: Justice Across Borders

From the Northern Triangle of Central America, to deserts of Mexico and Arizona, to detention centers in the United States, the road away from danger is paved with injustices. Partnering with grassroots allies along the Central American migration trail, UUSC addresses root causes, supports migrants in transit, and protects the right to seek asylum. Join with UUSC for Guest at Your Table to learn more about UUSC's and our nation's involvement in Central America – historically and presently – and our courageous Migrant Justice partners.

Make a Guest at Your Table Gift

Donations to Guest at Your Table help UUSC and our partners respond to extraordinary human rights

challenges of today, address root causes of injustice, and build capacity to respond to future challenges.

Carol Green, Chair Children's Religious Education Committee

SOCIAL ACTION

Food Shelf

51 lbs of food were donated to the Ralph Reeder food shelf on October 7 Soup Sunday. Be sure to bring items for the food shelf to Harvest Fest. See the story below for details.

Thanksgiving for All Project – During the month of November, anyone visiting the food shelf will receive a Thanksgiving Bag with all the fixings and either a \$10.00 grocery store certificate or Turkey along with their regular food shelf orders. Last year – over 700 families visited the food shelf during our Thanksgiving for All Project.

Here is what is in the Thanksgiving bag – maybe a suggestion for Pilgrim House members to donate some of these items

2 cans of corn

2 cans of green beans

1 can of fruit cocktail

1 large instant jello or 2 small, same flavor

Holiday type dessert Mix

1 packet of turkey gravy

1 medium size box of instant mashed potatoes

1 box of turkey stuffing

1 corn bread mix

Community Support Center

The winter coat collection has ended and the coats were distributed. Here are the overall results of the drive:

We collected 744 coats (600 in 2017). Way to go! We distributed 374 coats on Saturday (266 in 2017). The remainder of the coats went to the Mounds View School District thrift store, a street ministry in St. Paul (formerly Shobi's Table), St. Vincent De Paul, and Luther Seminary (for foreign students).

Sing for Your Neighbors in January is an event to support the Community Support Center. See article below.

Thank you for supporting those in need.

GAME NIGHT

Attention Gamers:

Game night is Saturday, November 17th, 7pm at Pilgrim House. Bring a favorite board/card game to play or play one of the many others. Ping Pong, pool, and popcorn as well!

Game Night is every 3rd Saturday. Questions, RSVP email/call Curt Corum.

KNITTING AND CRAFT GROUP

The knitting and craft group is meeting at 10:00am on Tuesday, November 13th at Pilgrim House. Bring your craft or needlework project to work on. Everyone brings their own lunch. Stay for as long as you can up until 3:00.

If you have any questions contact Mary Ryan.

GREAT DECISIONS AT PILGRIM HOUSE

November 1 – US Global Engagement and the Military

The global power balance is rapidly evolving, leaving the United States at a turning point with respect to its level of engagement and the role of its military. Some argue for an "America First" paradigm, with a large military to ensure security, while others call for a more assertive posture overseas. Some advocate for a restoration of American multilateral leadership and a strengthened role for diplomacy. Still others envision a restrained U.S. role, involving a more limited military. How does the military function in today's international order, and how might it be balanced with diplomatic and foreign assistance capabilities?

Our speaker will be Bill Davnie, a retired Foreign Service professional who has been a popular speaker here for several years.

SOUP SUNDAY AT PILGRIM HOUSE

Join us on the first Sunday of each month, following the program, for a delicious lunch of soups and bread provided by members and friends. All are invited to enjoy food and relaxing fellowship.

There's a sign-up sheet in the entryway for soup, bread and clean-up volunteers; and we have soup kettles in the kitchen for your use. (You can even "cook" your favorite frozen or canned soup -- shhhhh, we won't tell.) Thank you Bob Treumann and Candy Lang for tracking and reminding our volunteers. And thank you, Nancy Olson, for leading clean-up volunteers.

Kathy Aanerud and Nancy Olson

Sunday Hospitality Coordinators

HARVEST FEST AT PILGRIM HOUSE!

It's almost here – a gathering for all ages.

Saturday evening, November 10th. – A potluck supper begins at 6:00 pm; and the barn dance begins at 7:00. Live music will be provided by Ken Steffenson and musical friends. A dance caller will provide instructions for all to join in easy-to-learn circle dancing – or simply sit back and enjoy some great music.



Invite your friends and neighbors!
No admission charge -- but we encourage you to **bring food items or cash/checks for the Ralph Reeder Food Shelf**. Let's fill a bountiful basket of items.

Questions: Contact Les Rogers or Rita Lafferty –
Harvest Fest Coordinators

AMARYLLIS CONCERT AT PILGRIM HOUSE

Save the date! Friday, November 16,
7:30 pm.

Amaryllis combines the musical talents and abundant good humor of multi-instrumentalists Ken Steffenson, Anne Benson, and Erin Walsh. Join us for an evening of roots music from Celtic and North American traditions. folk classics, songs and original tunes played on hammered dulcimer, flute, fiddle, guitar, banjo, mandolin, cello, harmonica, and upright bass. All are welcome. Suggested \$15 donation to Amaryllis.

Questions: Contact Ken Steffenson.

ADULT RELIGIOUS EDUCATION: BOOK DISCUSSION, FALL 2018

The Books are Here and Ready to Read!

This fall, Pilgrim House will continue to help members and friends engage with important social issues through a book discussion open to all who are interested. We will continue the theme of racial disparities and reconciliation. Details of date (or dates) and format are still to be decided, but, if you are interested, you can start now by reading *White Fragility*, by Robin DiAngelo (154 pages). Books are now available at Pilgrim House for you to borrow. For a preview of the book, you can listen to an interview with the author on MPR this summer:

<https://www.mprnews.org/story/2018/07/05/robin-diangelo-on-why-its-so-hard-for-white-people-to-talk-about-racism>.

If you are interested in being part of the group helping shape the discussion format and questions, please contact Ellen Shelton.

SING FOR OUR NEIGHBORS

Community Support Center Fundraiser

January 27, 2019 2pm

Abiding Savior Lutheran Church

8211 Red Oak Drive

Mounds View 55112

Free Admission

Come hear choirs and musicians from community churches. With a donation to the CSC you can take home some homemade soup or get a chance to win a door



prize from the world of arts. The grand prize will be two tickets to a MN Orchestra Hall concert.

Come and enjoy the gathering to benefit the CSC.

SPEAK OUT FOR CENTRAL AMERICAN MIGRANTS

Mary Katherine Morn, UUSC info@uuscs.org

The migrant caravan traveling from Honduras towards safety in the United States has grown from hundreds to thousands in a matter of days.

Despite President Trump's vicious threats of military action and efforts to criminalize asylum-seekers, people are pressing onward in search of the safety all members of our human family deserve.

As human rights advocates, shining a light on the roots of oppression is important to dismantling them. To that end, I am writing to personally share our report – [The Struggle for Human Rights and Transformation in Honduras](#) – on the findings of a faith delegation, including Unitarian Universalist Service Committee staff, who provided protective accompaniment to Honduran journalists and human rights defenders this year. Their observations confirm the severity of the human rights violations that are contributing to civil unrest as well as the mass exodus of Hondurans from their homes.

The report also provides new evidence of an old truth: U.S. foreign policy is undermining the human rights of the Honduran people. The U.S. government is actively fueling and funding human rights violations through support for the Honduran government and its military. Furthermore, violence, including high rates of femicide, is a key contributor to the forced migration of Honduran civilians. U.S. immigration policies that restrict access to asylum are returning people to harm's way.

We must demand that the U.S. government stop fueling this humanitarian crisis, by immediately ceasing police and military aid to Honduras, uplifting the right to seek asylum in the United States, and providing a pathway to permanent resident status for the 86,000 Hondurans with Temporary Protected Status. Your voice matters. [Tell Congress to uplift human rights for Hondurans in Central America and the United States.](#)

Sincerely,

Mary Katherine Morn

President & CEO