

Pilgrim House Program September 24, 2017

With Marcie Jefferys and Cynthia Buoen

# A MINNESOTA WITHOUT POVERTY: EARLY CHILDHOOD MATTERS

**CINDY BUOEN** 

MARCIE JEFFERYS

SEPTEMBER 24, 2017

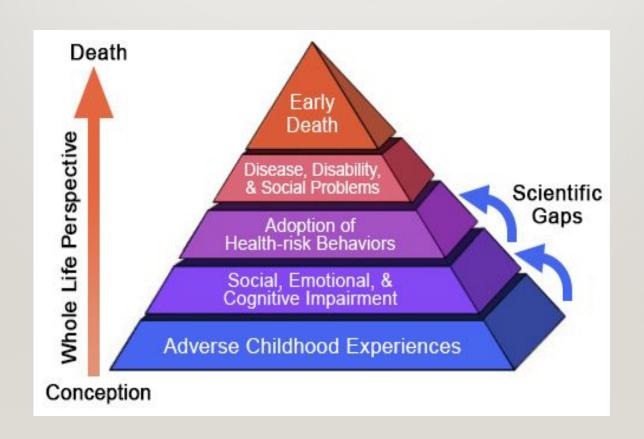
## THE FIRST THREE YEARS OF LIFE ARE CRITICAL TO THE REST

- More than 1 million new neural connections form every second.
- The interactions of genes and experience shape the developing brain
- Serve and return
- Substantial differences in vocabulary by 18 months
  - healthy development can be derailed by excessive or prolonged activation of stress response systems in the body and brain, especially prenatally or during early childhood
  - Adverse Childhood Experiences can result in toxic stress with lifelong damaging effects on learning, behavior, and health across the lifespan.

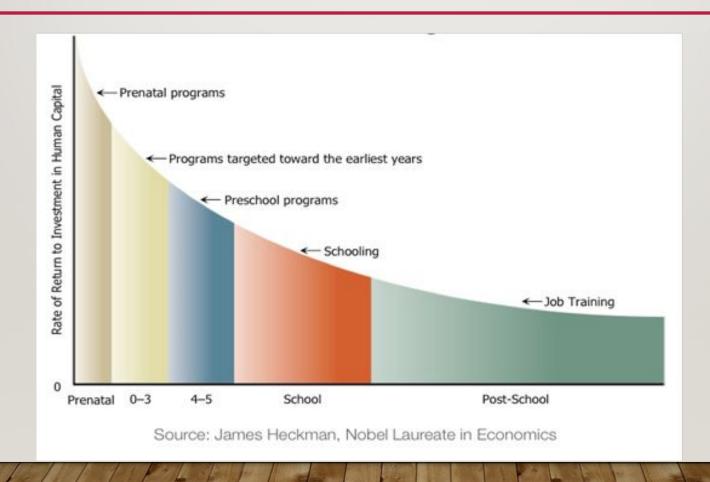
#### RESOURCES

- University of Minnesota Institute on Child Development
  - http://www.cehd.umn.edu/icd/
- Harvard Center on the Developing Child
  - https://developingchild.harvard.edu/science/key-concepts/
- Federal Substance Abuse and Mental Health Services Administration
  - https://www.samhsa.gov/capt/practicing-effective-prevention/prevention-behavioral-health/adverse-childhood-experiences

## ADVERSE CHILDHOOD EXPERIENCES HAVE LIFELONG CONSEQUENCES



#### WHAT WE KNOW



## EXPERIENCING HOMELESSNESS EARLY IN LIFE CAN HAVE LIFELONG CONSEQUENCES

- One-fourth to one-third of homeless adults experienced homelessness as children
- One-half of 0-3 year-olds experiencing homelessness exhibit developmental delay by age 2
- Chronic/ toxic stress of homelessness makes it harder for children to be ready for
   K
- .5% of total 0-3 year-olds

## BIRTH TO THREE EARLY INTERVENTION SERVICES

- Works with parents and their children
  - Provides supports & therapies to get or keep children on track
  - Categorically eligible or very low score on a developmental assessment
- Effective: Half of all children served who were at risk did not need special ed by K
- States can define eligibility: MN 28th participation
  - 2.6% v 13% estimated need
- Research: Economic factors biggest predictor of delays if unaddressed
  - Better predictor than developmental assessments
  - Some states serve children in families with risk factors

#### **BILL: ENSURE EARLY INTERVENTION** SERVICES FOR HOMELESS INFANTS &

- ODDLERS
  Bill first introduced in 2013 and subsequent sessions
- Fiscal estimates of cost (\$17 million) too high for Committee budgets
  - No estimate of savings
  - No estimate of costs of not adopting
- Required MDE report
  - 8 served in 2012-13
  - 103 in 2015-16 school year

#### A BARRIER: THE PUBLIC BUDGETING PROCESS

- Process: In Brief
  - Budget impact estimates for 2-4 year horizon
    - Too short to capture many of the benefits of investments in children or most effective interventions
  - Fiscal impact counted only for the department in which the expenditure occurs
    - Savings in another department's budget not counted
    - "Wrong pocket"
- Money already largely committed
  - Promises already in law: budgets are 'weighted toward the past'
- Prevention programs generally
  - First on the cutting block
  - Constituency less organized

#### AMWP RECOMMENDATIONS

- Acknowledge our inability to fully account for the benefits of prevention/early intervention in our current budget process
- Incorporate more information in the process about what we know about prevention/early intervention so that the State can be better positioned for the future
  - Results First
  - Map investments on the prevention continuum
- Think strategically & intentionally about addressing prevention as a State responsibility
- Set aside money in the budget for prevention

#### SENSE OF URGENCY: FUTURE IS IN-PROCESS

- Government spending continues to grow—often for high cost expenditures that could have been avoided
  - Crowding out new spending
  - Current knowledge and research underutilized
- MN continues to experience unacceptable racial disparities in school readiness, achievement and measures of adult wellbeing
  - Equitable access to early childhood benefits is one of the pathways to address
  - Talk to and incorporate experiences of those affected
- Recognize that cost savings may not be the appropriate justification

#### AMWP: PIE

- Prevention: Put aside a minimum of 5% of budget surpluses for early childhood poverty prevention and intervention efforts.
- Invest: Establish a joint legislative and executive commission to consider how the budget process inhibits investment in early childhood, long-range state fiscal health and its residents' well-being. Track the impact on poverty.
- Early: Make homeless infants and toddlers automatically eligible for Early Intervention Services.

### A MINNESOTA WITHOUT POVERTY